

WINNIPEG

metro

®

NEWS
WORTH
SHARING.


HOT WATER TANK
40/60 gal. Electric or 40 gal. Gas
\$699*
INSTALLED!

It's Time To Call... 204-774-1474

This price only available Monday to Friday between 8am-4pm. After 4pm or on weekends will be subject to a \$250 up charge. Any size upgrade or utility change will require additional cost. If existing wiring, gas fittings or venting is not to code or needs repair, this will be an additional cost. *Plus applicable taxes. Hot water tank may not be exactly as shown. Some conditions apply.

ON TIME
Electric • Plumbing • Heat & Air

REPLACE YOUR HOT WATER TANK TODAY AND SAVE!
635 Ferry Rd. www.ontimegroup.ca

BBB

SOCHI WATCH

- 7:30 a.m. On the long track, Canada's men (led by Denny Morrison, pictured) and women race in the team pursuit.
- 7:30 a.m. Brad Jacobs' rink faces Great Britain in the curling finals.
- 11 a.m. Men's hockey semifinals is Canada vs. U.S. **GREG DOWNS/FOR METRO**

Crazy
like a fox
ownerCaring for your
exotic pet **PAGES 12-13**

BRENT BUTT
"Almost a Movie Star!"
LIVE COMEDY TOUR

NEXT WEEK!
FRIDAY, FEBRUARY 28
BURTON CUMMINGS THEATRE

TICKETS AVAILABLE ONLINE AT TICKETMASTER.CA
BY PHONE AT 1-800-955-5000
OR IN PERSON AT ALL TICKETMASTER OUTLETS

WATCH FOR NO CLUE in Theatres MARCH 7!

WWW.BRENTBUTT.COM



A golden moment

Nine-year-old Grace Beaudry, right, was among hundreds at the St. Vital Curling Club watching Team Canada's Winnipeg skip Jennifer Jones celebrate after winning the women's curling gold-medal game on Thursday in Sochi. **MORE SOCHI COVERAGE, PAGES 15 & 30-33**

WONG MAYE-E/THE ASSOCIATED PRESS

insightrecovery

Complete Counselling Services
for Individuals and Families.

intervention • counselling • therapy

Unit 3 – 1830 Dublin Ave.
Hours: M-F: 8am to 5pm
Evenings/weekends available upon request

Complete Counselling Services for Individuals or Families.

Out-patient addiction recovery that doesn't require living away from home and allows individuals to maintain family connections and routines. Our services include: anger management, family and marriage counselling, addictions (gambling, drug, alcohol, etc).

Call today for a Free, Private, One on One Consultation (20 minute duration – no obligation). | PH: 204-694-3960 • E: info@insightrecovery.cayour journey
begins here.

Go from out of date to up to date.



Samsung GALAXY S4

Trade in any old phone and get

\$120

towards a new smartphone.*

Pair your new smartphone
with our \$65 plan† and enjoy:

- Unlimited nationwide talk & text‡
- Up to 5 GB of nationwide data**
- Caller ID and Voice Mail

Switch and enjoy the best customer service in Canada.††

Visit telus.com/findastore for
your nearest trade-in location.



For more details, visit your TELUS store, authorized dealer or retailer, or call 1-866-264-2966.

BLACK[®]

TELUS STORES & AUTHORIZED DEALERS

Winnipeg	Polo Park	393 Portage Ave
Garden City Shopping Centre	St. Vital Centre	3653 Portage Ave
Kenaston Power Centre	1555 Regent Ave West	

*Offer valid at participating trade-in locations in Manitoba and Saskatchewan. Limit of one trade-in per customer. See telus.com/tradein for full details. †Taxes, long distance, additional airtime, roaming and pay-per-use charges are extra plus provincial government 911 emergency service fees will apply in Saskatchewan (62¢). Directory assistance 411 charge is \$2.50 per call. ‡Premium and subscription messages are not included. An additional 40¢/message charge will apply for each text message or attachment sent to non-Canadian numbers. Customers with devices not able to display picture or video messages will receive a text message that includes a web address for viewing. **Additional usage will be charged at 5¢/MB. Cannot be combined with any other data plan. Tethering included. Access to BlackBerry Enterprise Service is not included. Data usage is subject to a monthly overage limit of 10 GB. ††Best customer service claim based on a comparison of national wireless service providers drawn from the most recent report of the Commissioner for Complaints for Telecommunications Services; visit the CCTS website or see telus.com/bestservicetel for details. TELUS, the TELUS logo, telus.com and the future is friendly are trademarks of TELUS Corporation, used under licence. All other trademarks are the property of their respective owners. © 2014 TELUS.

Winnipeg among first for Canada Post mailbox switch

A change is gonna' come. Winnipeg's Canada Post general manager, Bill Davison, said he understands some people are apprehensive about the switch



ELISHA DACEY
elisha.dacey@metronews.ca

Canada Post announced early Thursday the first 11 neighbourhoods that will see their mail delivery service switched to community mailboxes, including two in Winnipeg.

North Winnipeggers whose postal codes start with R2P and R2V will see their home delivery changed to community mailboxes (CMB) by fall of 2014. The change will affect 12,400 homes and 70 businesses.

"Several neighbourhoods

in this area already have mail delivered to community mailboxes," reads a press release from Canada Post. "This makes this neighbourhood one of the most suitable for efficient early conversion."

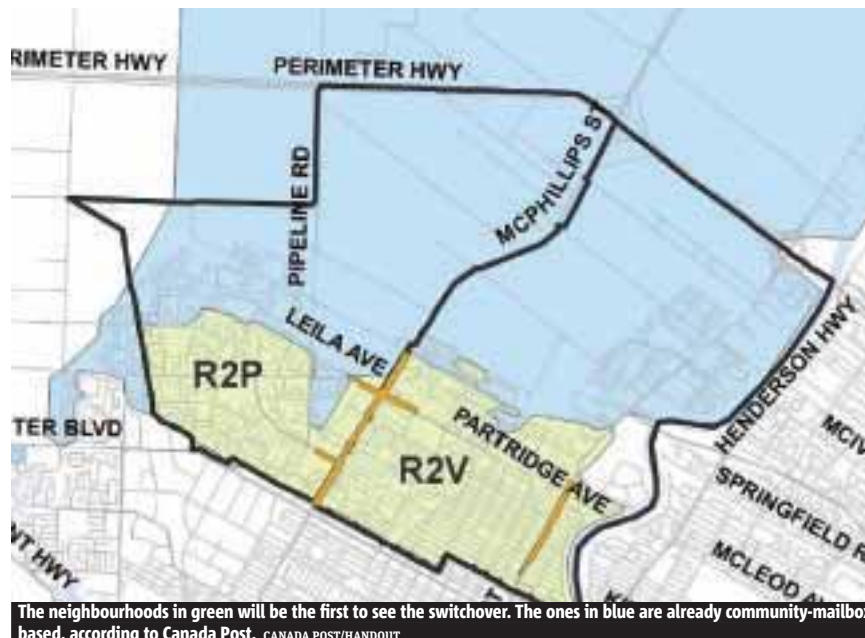
Winnipeg's Canada Post general manager, Bill Davison, said he understands some people are apprehensive about the switch.

"We're not out there to put CMB's on people's lawns," said Davison. "We're on the lookout for ends of blocks, side streets, those kinds of things."

Residents affected by the change will receive a package in the mail detailing the changes, and it will also include a survey to give residents the chance to weigh in on box street placement and how many mailboxes will be in one CMB, he added.

He also said safety and snow clearing are of utmost importance.

Those who are unable to get to a mailbox due to a disability will have other op-



The neighbourhoods in green will be the first to see the switchover. The ones in blue are already community-mailbox based, according to Canada Post. CANADA POST/HANDOUT

tions, although what exactly those will entail have not been finalized.

Canada Post announced

late last year they would be switching to CMBs rather than door-to-door delivery in an effort to save more than

\$900 million. The Crown corporation says they have posted "significant" losses over the past several years.

Deficit set to be lower than expected: Province

Updated budget figures show the Manitoba government's deficit is shrinking largely due to investment returns at Crown corporations.

The NDP government's third-quarter update released Thursday said the province is heading for a deficit of \$432 million for the fiscal year that ends March 31 — \$86 million lower than what was first pre-

dicted in last spring's budget.

The numbers mean the government is so far on track to meet its promise to balance the budget by the 2016-17 fiscal year — a target that has already been pushed back once.

"We are working to return to balance and we know the best way to do that is to keep steadily growing our economy," Finance Minister Jen-

nifer Howard said in a statement.

"We also have to keep finding ways to reduce spending."

The updated figures include an extra \$215 million from investment returns at Manitoba Hydro, the Workers Compensation Board and other Crown bodies. Another Crown corporation, Manitoba Agricultural Services, has

spent \$59 million less than expected, thanks to a very good farm year that required lower insurance payouts.

The government has also contained spending and is on track to shell out \$64 million less than budgeted for previously announced programs. However, that was more than offset by a recent announcement of \$100 million toward

a settlement package for four First Nations communities that were flooded in 2011.

The government still has a way to go to meet its plan to end the red ink by the 2016 election year. The long-term outlook calls for a deficit of \$365 million in the coming year and \$164 million in 2015.

THE CANADIAN PRESS

1 NEWS

Royal Fork Buffet

\$2.00 OFF

Bring a non perishable food item to receive \$2 OFF an Adult or Senior meal.

In Support of Winnipeg Harvest

Book Your Family Gathering With Us

10% OFF

for party of 20 or more. No separate billing

Not valid with any other specials or discount offers. No cash value.

ORIENTAL PEARL

CHINESE FOOD BY MANDALAY STREET

(204) 668-1960 Unit 900-1615 Regent Ave. W | www.royalforkwinnipeg.com

Scandal. City staff may still be disciplined in Taylor Avenue fire hall 'mistake'

Disciplinary action is still on the table for city staff in the wake of the fire hall scandal, Mayor Sam Katz said.

"When you build something on someone else's land, that is the kind of mistake that I could easily see falling into that category of repercussions," said Katz after Wednesday's executive policy meeting, adding, however, that no city employee has yet been disciplined for the construction of fire station No. 12 at 1780 Taylor Ave.

"That's not to say that's something that may not happen. Do not think for a moment those are not the kind of conversations that come up, absolutely.

"We're having discussions on it."

Katz also referred to the expropriation process of this Shindico-owned property, which EPC approved, calling it "extremely unfortunate."

A city report states its independent appraiser as-

Quoted

"When you build something on someone else's land, that is the kind of mistake that I could easily see falling into that category of repercussions."

Mayor Sam Katz

sessed the value of the land at \$1,054,000, while Shindico put forward an assessment of \$1,232,200 and another \$844,220 in damages for the loss of value on land adjacent to the property.

Asked if Shindico was perhaps playing hardball due to the bad press it has received in the wake of the scathing fire halls audit, Katz said he was no expert on diminished value but "my gut tells me that is very much part of it."

BERNICE PONTANILLA/METRO

City Transit unveils \$22.6-million garage

Gold 'hat trick'. Facility has space for 153 buses



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

It's one and a half times a football field in size and boasts 135,000 square-feet of space to house 153 40-foot buses.

Winnipeg Transit unveiled its new \$22.6 million parking and servicing garage on Thursday, which includes a car wash capable of sprucing up a bus in six minutes.

Mayor Sam Katz said the garage, located behind Transit's Osborne Street building, was not only completed on time, it also came in \$350,000 under budget.

"Having this facility here means we can now have more buses and make sure that our Transit is easily accessible to all the public," said a beaming Katz.

"We know that we want modern and new buses for people using Transit, we want to have rapid transit to motivate more people to use Transit, we've seen the success where one-third of the people going to Bomber games are using Transit, which tells you it can be done."

The garage received funding from the three levels of government: More than \$17 million from the federal gas tax fund, \$3 million from the province's infrastructure fund and \$2.6 million from the City of Winnipeg.

MP Steven Fletcher (Charleswood-St. James-



Mayor Sam Katz, from left, MP Steven Fletcher, Minister Kevin Chief and Winnipeg Transit director Dave Wardrop cut the ribbon at the official opening of Transit's new \$22.6 million garage. BERNICE PONTANILLA/METRO

LEED Silver standard

Winnipeg Transit's new parking and servicing garage was built to LEED Silver standard.

Source: City of Winnipeg



A Winnipeg Transit bus goes through the new garage's wash area. BERNICE PONTANILLA/METRO

ZELCER Denture Clinics



Hartley Zelcer D.D., B.Sc. DENTURIST
30 years experience!

Friendly
Experienced
Trusted

ZELCER
Denture Clinic -
Specializing in
Cosmetic Dentures!

Same day
Dentures!

* Best Service
* Best Quality
* Best Prices

- Upper & lower dentures
- Partial dentures
- Denture over implants
- Denture repairs & relines
- Free denture cleaning

Financing Available

WINNIPEG, MB

1570 Main St. at Reliance Plaza

(main at McAdam)

tel: 204-586-3725 or 204-589-1461

SELKIRK, MB

315 Main St.

tel: 204-482-4235

www.zelcerdentures.com

Photos of break-in suspects released

Winnipeg police have released descriptions of three suspects in connection with two commercial break-and-enters.

Police said the break-ins took place on Jan. 16 in the 1800 block of Ellice Avenue and on Jan. 17 in the 3900 block of Portage Avenue.

Stolen in each of the incidents were victims' identification and credit cards, which were then used to make fraudulent buys.

On Thursday, police asked for the public's help in tracking down the suspects, all Caucasian men.

The first suspect is described as 30 to 40 years old, clean-shaven and with a medium build.

He was wearing a black jacket with red stripe on the arms, jeans and orange shoes.

The second suspect is described as five-foot-10-inches tall, also 30 to 40 years of

age, clean-shaven and with a medium build. He was wearing a grey jacket, blue Under Armour track pants, white Toronto Maple Leafs toque and a gold chain.

The third suspect is five-foot-10-inches tall, about 40 years old, clean-shaven and with a heavy build.

He was wearing a blue jacket, blue jeans, lime green shirt and shoes, and a San Francisco 49ers baseball hat.

METRO



Winnipeg Police are looking for these two suspects in a series of break-and-enters. COURTESY WINNIPEG POLICE SERVICE

BIZ unveils funding from night on the street

CEO Sleepout.

The campaign has raised over \$400,000 since 2011

Last year's night out in the cold for a group of city CEOs and community leaders has translated into tens of thousands of hours of employment for Winnipeg's homeless.

Downtown Winnipeg BIZ executive director Stefano Grande announced Thursday the third annual CEO Sleepout brought in over \$200,000 and significant chunk of that total has been allocated to local social agencies to employ 38 homeless for 24,070 hours.

"We did more than raise a little money," said Grande of the event, that saw 100 CEOs, politicians and members of the media — including this repor-

ter — spend the night outside at the corner of Portage Avenue and Main Street. "We are here to continue shedding light on the serious issue of homelessness in our city.

"There are far too many people who need our help."

After taking submissions from agencies the BIZ chose Graffiti Art Programming, Siloam Mission, Red Road Lodge, Artbeat Studio and MacDonald Youth Services, to split \$173,773 of the money raised.

"By improving the lives of people we can create a better city and an even better downtown," said Grande. "It's a simple concept ... which needs to gain greater traction."

Grande said the remaining money raised would be allocated in the coming months.

This year's CEO Sleepout will be held Sept. 18. Find more information at change4thebetter.org. **SHANE GIBSON/METRO**



Belle lights up the library

Belle from *Beauty and the Beast* stopped by the Millennium Library Thursday morning for a story session with local children as part of I Love to Read Month. Belle and the rest of Disney's princesses are in Winnipeg for Disney On Ice presents Princesses & Heroes, running until Sunday at the MTS Centre. **SHANE GIBSON/METRO**

Disabled woman's death partly to blame on care instructions: Judge

A judge says vague and confusing care instructions were partly to blame for the death of a severely disabled woman who was strangled by her wheelchair's seatbelt.

Staff at the Manitoba Developmental Centre were not given clear direction on how Ann Hickey, 51, should have

been monitored, provincial court Judge Rocky Pollack said in an inquest report released Thursday.

"The use of the verb 'to monitor' at MDC was never an exercise in precision," Pollack wrote in the 26-page report.

Staff on duty the night Hickey died "certainly did not

understand that she was in danger of strangling herself in a strange wheelchair."

Hickey was born with severe mental and physical disabilities. She had lived at the centre since she was 10 along with others who need round-the-clock care. She suffered seizures and was prone to fall-

ing, the inquest was told.

On March 25, 2011, she was left unattended for about 10 minutes in a hallway. Three assistants were assigned to the section of the centre where Hickey was, but one of them was reassigned that night because of a staff shortage in another area. **THE CANADIAN PRESS**

You're asking good questions.

> What is a QuickCare clinic?

> WE HAVE ANSWERS.

QuickCare Clinics are there to meet your health care needs during times when most other clinics are closed.

They are staffed by nurse practitioners and registered nurses who can help prevent, diagnose and treat minor health issues. Because they are **open evenings, weekends and holidays**, they can save you a trip to an emergency room or having to wait for regular clinic hours.

What health issues can I go to a QuickCare clinic for?

- Sore throat, earache, colds and flu, cough, hay fever or nose bleeds
- Infections, rashes or sores
- Stomach pain
- Immunizations
- Bumps, bruises or sprains
- Stress or anxiety

Find the QuickCare clinic nearest you

WINNIPEG – 363 McGregor
204-940-1963

WINNIPEG – 17 St. Mary's Road
204-940-4332

STEINBACH – Clearspring Centre
204-326-7569

SELKIRK – Unit 3, 1020 Manitoba Avenue
204-482-4399

manitoba.ca/BetterHealth

*Focused on
what matters most
> to families.*

Manitoba



TRANSIT TUESDAY
Weekly Transit News Update



READ TRANSIT TUESDAY IN METRO.

Featuring the latest
from Winnipeg transit
— including transit
news, commuter tips
and cool promotions -
and much more!

metro

News worth sharing.

metro

06

NEWS

metronews.ca
WEEKEND, February 21-23, 2014



People pass through Independence Square, the epicentre of the country's current unrest, in Kyiv, Ukraine, on Thursday. Fierce clashes between police and protesters shattered a brief truce in Ukraine's besieged capital, killing numerous people. The deaths came in a new eruption of violence just hours after the country's embattled president and opposition leaders called for a truce to try to resolve Ukraine's political crisis. EFREM LUKATSKY/THE ASSOCIATED PRESS

The truce is over: Deadliest day yet in Kyiv protests

Fierce clashes. Medic says scores killed and hundreds wounded in Ukraine's capital

Protesters tossed firebombs and advanced on police lines Thursday in Ukraine's embattled capital. Government snipers shot back, killing at least 70 people and wounding hundreds of others, according to medic Dr. Oleh Musiy.

Video footage on Ukrainian television showed shocking scenes Thursday of protesters being cut down by gunfire, lying on the pavement as comrades rushed to their aid. Trying to protect themselves with shields, teams of protesters carried bodies away on sheets of plastic or planks of wood.

"The price of freedom is too high but Ukrainians are paying it," said Viktor Danilyuk, a 30-year-old protester. "We have no choice, the government isn't



Ukrainian President Viktor Yanukovich. THE ASSOCIATED PRESS

hearing us."

Protesters were also seen leading policemen with their hands held high around the sprawling protest camp in central Kyiv. Ukraine's Interior Ministry says 67 police were captured in all.

President Viktor Yanukovich and the opposition protesters who are demanding his resignation are locked in an epic battle over the identity of Ukraine, a nation of 46 million that has divided loyalties

between Russia and the West. Parts of the country — mostly in its western cities — are in open revolt against Yanukovich's central government, while many in eastern Ukraine back the president and favour strong ties with Russia, their former Soviet ruler.

Protesters across the country are also upset over corruption in Ukraine, the lack of democratic rights and the country's ailing economy, which just barely avoided bankruptcy with a \$15 billion loan from Russia.

At least 101 people have died this week in the clashes in Kyiv, according to protesters and Ukrainian authorities, a sharp reversal in three months of mostly peaceful protests. Now neither side appears willing to compromise or in control of the streets. The opposition is insisting on Yanukovich's resignation and an early election while the embattled president is apparently prepared to fight until the end.

THE ASSOCIATED PRESS

Canada's reaction

Feds extend travel ban, promise sanctions

Canada is extending its travel ban to cover more senior officials of the Ukrainian government and is promising economic sanctions as well.

Prime Minister Stephen Harper says Canadians continue to be outraged by the violence in the Ukrainian capital.

Last month, the Canadian government imposed a travel ban on some officials and promised medical aid for protesters.

There were no immediate specifics of the wider travel ban, nor did Harper's statement provide details of the planned sanctions.

He does say, however, that even tougher measures are being considered.

He is urging the hardline government of President Viktor Yanukovich to stop the violence that has rocked the streets of the Ukrainian capital of Kyiv.

THE CANADIAN PRESS

Oilsands chemicals hit Athabasca River: Environment Canada study

Tailings ponds seepage. Research tracks toxic substances back to tarsands

New federal research strongly backs suspicions that toxic chemicals from Alberta's oilsands tailings ponds are leaching into groundwater and seeping into the Athabasca River.

Leakage from oilsands tailings ponds, which now cover 176 square kilometres, has long been an issue. Industry has acknowledged that seepage can occur and previous studies have estimated it at 6.5 million litres a day from a single pond.

The soil around the developments contains many chemicals from naturally occurring bitumen deposits and scientists have never been able to separate them from contaminants released by industry.



A tailings pond at the Syncrude oilsands facility near Fort McMurray, Alta., in July 2012. New federal research has confirmed that water from vast oilsands tailings ponds is leaching into groundwater and seeping into the Athabasca River. JEFF MCINTOSH/THE CANADIAN PRESS FILE

The current Environment Canada study, accepted for publication in the journal Environmental Science and

Technology, used new technology to discover that the mix of chemicals is slightly different between the two sources.

That discovery, made using a \$1.6-million piece of equipment purchased in 2010 to help answer such questions,

allows scientists to actually fingerprint chemicals and trace them back to where they came from. **THE CANADIAN PRESS**

Tracing groundwater

Here's how Environment Canada did its study:

- Scientists took 20 groundwater samples at least one kilometre up- and downstream from development.
- They took seven samples from within 200 metres and directly from two tailings ponds.
- Their focus was on so-called acid-extractable organics, which include a family of chemicals called naphthenic acids.
- Those toxins were found in groundwater near and far from development. But their composition was different nearer the mines, closer to that found in the water from the ponds.

Calgary police

Dog abuse probe turns to fishy fundraising

Calgary police say they are no longer looking into a complaint about an abused dog, but will investigate a fundraiser involving the case.

Alyssa Hatfield and her fiancé Cameron Edmonds told police two weeks ago that their husky cross had been taken from their backyard.

Edmonds said that he searched the neighbourhood and found the pet hog-tied and with a belt around its muzzle.

Police say they found unexplained inconsistencies with the complaint, but aren't closing the case.

A total of \$1,700 was raised on an online fundraising site for the dog's vet bills.

Animal abuse has been a high-profile issue in Calgary since a cat and starved dog were found dead in an alley with their mouths taped shut.

People donated \$72,000 on the same crowd-sourcing site as a reward to find the person responsible.

THE CANADIAN PRESS

North American Summit. Amigos? Yes, just not that much into one another

From wheels down to wheels up on Air Force One, U.S. President Barack Obama spent about eight hours on Mexican soil for the Three Amigos summit.

For some, that embodies Obama's attitude toward North American leaders' summits in general and why the so-called Three Amigos club has been in such decline: Obama is just not into it.

"His cameo appearance at this summit sends a clear message that when it comes to North America, Canada and Mexico are dancers without a

dance partner," said Fen Hampson, director of global security for the Waterloo, Ont.-based Centre for International Governance Innovation.

With the U.S. midterm elections coming up, Obama is boxed in by home politics. The North American Free Trade Agreement, whose 20th anniversary was feted in Toluca, won't get votes, said Hampson.

While heaping praise on his neighbours, Obama also told a business forum in Toluca that the three countries will always have "parochial interests."

THE CANADIAN PRESS



Prime Minister Stephen Harper walks with U.S. President Barack Obama in Toluca, Mexico on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

Buy a boat & ENTER TO WIN A \$5,000 CREDIT towards purchase. See Dealer for details.

The largest boating, fishing and all things water show in central Canada!
All three floors of the RBC Convention Centre Winnipeg.

MUST-SEE FEATURES:
Mega Tank – a 5,000 gallon fish tank, pro fishing seminars, pro casting competition, kids casting and more!

Trudeau tells convention he's not interested in 'politics of division'

'We are here to hope.'
Liberal leader decries partisanship of other parties, says they want 'to see who can make Canadians angrier'

Justin Trudeau cast himself Thursday as a purveyor of hope and economic growth as he opened his first national Liberal convention since being crowned leader last April.

He positioned himself in contrast to what he termed "the politics of division," which he maintained is practised by Prime Minister Stephen Harper, NDP Leader Tom Mulcair and Parti Quebecois Premier Pauline Marois.

"My friends, I have no interest in joining Mr. Harper and Mr. Mulcair in a competition to see who can make Canadians angrier," he told some 3,000 delegates.

"We are here to hope. We

are here to work hard. We are here to build. We are here to put together the team and the plan to make this country better."

That said, Trudeau was not above taking shots at his rivals, particularly Harper, whom he accused of creating the environment in which intolerance thrives, as demonstrated by the popularity of the PQ's controversial charter of Quebec values, which bans public servants from wearing prominent religious symbols.

Under Harper, Trudeau said incomes of middle class Canadians have stagnated, household debt has skyrocketed and the gap between rich and poor has widened. And that, he said, has created an environment in which intolerance thrives.

"People are susceptible to fearful, divisive messages when they're worried, worried about their jobs, their debts, their retirement, their kids' futures," he said.

THE CANADIAN PRESS



Liberal Leader Justin Trudeau addresses his party's policy convention Thursday in Montreal. RYAN REMIORZ/THE CANADIAN PRESS



University of Calgary professor Darla Zelenitsky holds a cast of a juvenile pachyrhinosaur skull. Behind her is the 1.5-metre portion of an adult skull she unearthed in Drumheller, Alta. ROBSON FLETCHER/METRO IN CALGARY

Dino-mite! Massive skull unearthed by University of Calgary researchers

Describing their discovery as "gargantuan" both in its literal size and its potential significance, University of Calgary researchers have unveiled a portion of a massive skull of an ancient dinosaur — possibly the largest ever found.

The nearly two-metre long

fossil was found in Drumheller, Alta., in October.

They think what they unearthed was one of the largest, if not the largest, skull of a pachyrhinosaur ever found, said Darla Zelenitsky, an assistant professor at the university.

ROBSON FLETCHER/METRO IN CALGARY

Fatal confrontation

New indictments for Mounties in Taser perjury case

New indictments have been filed against two Mounties accused of perjury at a public inquiry into Robert Dziekanski's death, adding an allegation the officers lied when they testified that they hadn't talked about what happened after his

death.

Dziekanski, who was immigrating to Canada from Poland, died on the floor of the Vancouver airport after he was repeatedly stunned with an RCMP Taser in October 2007.

All four RCMP officers involved in the fatal confrontation were charged with one count of perjury. One of them, Const. Bill Bentley, has already been tried and acquitted.

THE CANADIAN PRESS



Medi C Plus - 300G. & 600G. SIZES
BERRY FLAVORED

- Produces healthy collagen
- Dissolves cholesterol deposits
- Neutralizes excess toxins
- Reduces the risk of cardiovascular disease
- Increases blood flow to the arteries
- Prevents formation of free radicals

SALE PRICE: Medi-C 300g - \$21.99
SALE PRICE: Medi-C 600g - \$42.99

Nutrition

plus

organic

MARKET

Healthy Living. Healthy Prices.





Sytrinol - 300MG. 60 CAPSULES

Sytrinol is a powerful antioxidant with numerous heart health benefits including improved cholesterol levels, reduction of arterial plaque, improved glycemic control and improved blood platelet aggregation. Sytrinol is able to lower your total cholesterol, bad cholesterol (LDL) and triglycerides in 30 days, and to help increase good cholesterol (HDL) levels

SALE PRICE: Sytrinol 300mg - \$34.99

2093 Pembina Hwy • 204.269.5954 • nutritionplus.com

Former tab editor acquitted of one charge

Phone hacking trial. Former head hack at the defunct News of the World in the U.K. still faces four more charges

Former News of the World editor Rebekah Brooks was

acquitted Thursday of one charge at Britain's phone hacking trial as she began her defence against four more.

Her lawyer told jurors that Brooks was "not on trial for having worked for Rupert Murdoch's company."

Judge John Saunders ruled that there was "no case for Mrs. Brooks to answer" to a charge that she illegally paid an official for a

Then and now

"It all seems so silly now."

Former News of the World editor Rebekah Brooks. In pursuit of scoops, she recalled spending up to \$250,000 in 1995 to get an interview with the prostitute arrested with actor Hugh Grant.

picture of Prince William in a bikini. Saunders said "con-

siderable uncertainty" had arisen about the source of the photo.

Brooks and six others are on trial on charges stemming from the revelation that News of the World eavesdropped on voicemails of celebrities, politicians and crime victims.

All seven defendants deny the charges against them.

THE ASSOCIATED PRESS



Rebekah Brooks, former tabloid editor, arrives at court. THE ASSOCIATED PRESS

'Embarrassed'

'Pizza Hut and nothing but?' Well, maybe not

A West Virginia pizza restaurant has been shut down after a district manager was caught on surveillance video urinating into a sink.

Pizza Hut Corp. spokesman Doug Terfehr said Wednesday the company was made aware of the video Tuesday and fired the employee shortly thereafter. The restaurant in Kermit, about 140 km

southwest of Charleston, was then closed indefinitely.

The video dated Jan. 29 shows the manager urinating in a metal sink in a food preparation area. The incident occurred after business hours.

Terfehr issued a statement saying the company was "embarrassed by the actions of this individual."

The employee's name wasn't released.

"Pizza Hut has zero tolerance for violations of our operating standards," said the statement.

THE ASSOCIATED PRESS



Drink up — water, that is

American first lady Michelle Obama is escorted by Rose Cameron, CEO and founder of a line of bottled water targeted to kids and teens, as they view the Taking Back the Streets art exhibit at the New Museum in New York, Thursday. Obama kicked off appearances to celebrate her anti-childhood-obesity and drink water initiatives. THE ASSOCIATED PRESS

WINTER JUST GOT BRIGHTER

SAMSUNG GALAXY S4™

WAS \$179⁹⁹

NOW \$99⁹⁹*

ON SELECT 2-YEAR SHARE EVERYTHING™ PLANS

PLUS GET 50% OFF*
ALL THE LATEST SMARTPHONES
WHEN YOU ADD A LINE TO A SHARE EVERYTHING™ PLAN
ON SELECT 2-YEAR TERMS

CALL 1 888 ROGERS1
CLICK rogers.com/promo
VISIT your local Rogers store today

LIVE LIKE NEVER BEFORE™

Offers available for a limited time and subject to change without notice. A connection fee of \$15 per line also applies (to first invoice, applicable to new line/device only) to activate your service on the Rogers network. Device Savings Recovery Fee and/or Service Deactivation Fee (as applicable) apply. *Available with new activation on any 2-yr. Share Everything Talk, Text and Internet plan having min. \$75 monthly service fee. 1 For existing Share Everything customers, 50% discount applies to any smartphone when activating a secondary talk, text and Internet line on a Share Everything plan on a 2-yr. term. For new customers, discount applies to any 2 smartphones when activating a primary line on a Share Everything plan and adding a secondary line (both on 2-yr. term). ©2014 Rogers Communications.



Former South Korean comfort woman Kil Un-ock, centre, who was forced to serve for the Japanese troops as a sexual slave during the Second World War, shouts slogans during a rally in front of the Japanese Embassy in Seoul in May 2013. AHN YOUNG-JOON/THE ASSOCIATED PRESS FILE

Japan may reopen study that led to apology for sex slavery

Leaning toward denial? 1993 study acknowledged many women were forced into prostitution for Japan's wartime military

Japan's government said Thursday it may re-examine a

20-year-old study that led to a landmark apology over forced prostitution during the Second World War, in a sign it is leaning toward a denial that officials were involved in organizing sex slavery.

Chief Cabinet Secretary Yoshihide Suga, the official government spokesman, said it may decide to verify the accuracy of interviews with 16 South Korean women who said

they were forced to serve as prostitutes for Japan's wartime military.

Although numbers vary, some historians say as many as 200,000 women from across Asia, most of them Koreans, were forced to serve as sex slaves, called "comfort women" in Japan, for frontline soldiers.

Japanese nationalists have long insisted that women in wartime brothels were volun-

tary prostitutes, not sex slaves, and that Japan has been unfairly criticized for a practice they say is common in any country at war.

The interviews, conducted by Japanese officials in 1993 at the request of South Korea's government as part of a broader investigation by Japan, were key to a statement in which Japan apologized later that year.

A reversal of that apology would greatly worsen already-strained relations between Japan and South Korea.

The statement, issued by then-Chief Cabinet Secretary Yohei Kono, acknowledged that many women were forced into prostitution for Japan's wartime military, despite a lack of records clearly indicating direct government involvement. **THE ASSOCIATED PRESS**

Backpedaling

Japanese Prime Minister Shinzo Abe has been criticized by South Korea and China for backpedaling from past Japanese apologies and acknowledgements of wartime atrocities.

- Members of Abe's nationalist government and many others who share their view have been frustrated by recent efforts by South Korea to enlist U.S. support in pressuring Japan to stick to its 1993 apology. They are stepping up efforts to discredit accounts by South Korean women who say they were sex slaves.
- They have been particularly unhappy about "comfort women" statues that have been erected in several cities in the U.S., including Glendale, California, and about growing international support for the South Korean victims.
- A nationalist Japan Restoration Party lawmaker, Hiroshi Yamada, said Japanese children cannot be proud of their country because of the statues and other "false" accusations.
- Deputy chief Cabinet secretary at the time of the apology, Nobuo Ishihara, said Japan and South Korea had agreed that the 1993 apology would allow them to put their difficult past behind them and open the way for forward-looking relations.

CARSTAR proudly offers:

- Collision repair
- Auto glass repair & replacement
- MPI accredited
- AIR MILES reward miles*

CARSTAR..... 632-7712
on Fife

CARSTAR..... 338-1551
on Henderson

CARSTAR..... 837-2399
on Saskatchewan

*AIR MILES® reward miles not applicable on MPI claims.

At CARSTAR we know your time is valuable. That's why we make it our job to make your accident unhappy. We ensure that your repairs are done right, the first time, and on time. And, the service you receive will be second to none.

Twitter: @carstarmanitoba
Facebook: CARSTAR Manitoba



TWO NEW LOCATIONS

CARSTAR in Stonewall... 467-4329

CARSTAR on Chevrier ... 475-7193

CARSTAR
Collision & Glass Service

Drone strike on wedding procession killed at least 12 civilians: Report

Yemen. U.S. officials claim those killed were members of al-Qaida

A U.S. military drone strike in Yemen in December may have killed up to a dozen civilians on their way to a wedding and injured others, including the bride, a human rights group says. U.S. officials say only members of al-Qaida were killed, but they have refused to make public the details of two U.S. investigations into the incident.

Human Rights Watch released a report on the drone strike Thursday, citing interviews with eight witnesses and relatives of the dead as well as Yemeni officials. The report said four Hellfire missiles were fired at a wedding procession of 11 vehicles on Dec. 12, 2013, in Radda in



In this Nov. 8, 2011 photo, a Predator B unmanned aircraft taxis at the Naval Air Station in Corpus Christi, Texas. A U.S. drone strike in Yemen in December may have killed up to a dozen civilians, a human rights group says. ERIC GAV/THE ASSOCIATED PRESS FILE

southern Yemen, killing at least 12 men and wounding at least 15 others, six of them seriously.

The report said the procession "may have included members" of Yemen's al-Qaida in the Arabian Penin-

sula, "although it is not clear who they were or what was their fate." Family members and survivors say all those

hit were civilians. Yemeni officials told Human Rights Watch that most were militants.

"We asked both the Yemeni and the U.S. authorities to tell us which of the dead and wounded were members of militant groups and which if any were civilians," said report author Letta Taylor, a senior terrorism and counterterrorism researcher at Human Rights Watch. "They did not reply to this question."

She added: "While we do not rule out the possibility that AQAP fighters were killed and wounded in this strike, we also do not rule out the possibility that all of those killed and wounded were civilians."

The New York-based group called on the U.S. government to investigate and make the findings public.

THE ASSOCIATED PRESS

U.S. officials' response

Three U.S. officials said the U.S. government did investigate the December strike — twice — and concluded that only members of al-Qaida were killed in the three vehicles that were hit.

- The officials say the Pentagon can't release details, because both the U.S. military and the CIA fly drones over Yemen. By statute, the military strikes can be acknowledged, but the CIA operations cannot.
- The officials said if they explain one strike but not another, they are revealing by default which ones are being carried out by the CIA.

Nuclear talks wrap up

Iran and six world powers on Thursday ended nuclear talks with agreement on a framework for future negotiations but little progress on the main issue of what nuclear concessions Tehran must make in exchange for an end to sanctions stifling its economy.

In a joint statement at the end of three-day talks, officials for both sides said they would meet again in Vienna on March 17, continuing a process likely to take at least six months and probably longer.

Separately, the UN nuclear

agency confirmed that Tehran is meeting its commitments under the first-step pact that led to this week's negotiations, which seek a more ambitious deal.

The agency noted that Iran's stockpile of nuclear material that can be turned quickly into the fissile core of a nuclear warhead had diminished by nearly 20 per cent to 161 kilograms under the first-step agreement, which took effect last month.

Expectations had been modest as the talks started Tuesday. THE ASSOCIATED PRESS



EU High Representative Catherine Ashton speaks to the press after nuclear talks in Vienna, Austria, Thursday. RONALD ZAK/THE ASSOCIATED PRESS

Missouri

State finds supplier of execution drug

Missouri has found a new supplier of its execution drug, days before a convicted killer is scheduled to be put to death, according to a court document filed on behalf of the state attorney general.

The Missouri Department of Corrections uses pentobarbital in executions. On Monday, a compounding pharmacy in Tulsa, Okla. reached a settlement in a suit filed by inmate Michael

Taylor and agreed that it won't provide the drug for the execution scheduled for Wednesday.

State officials said that despite the agreement, the execution was still planned. They didn't say what drug would be used.

Many U.S. states that allow the death penalty are scrambling to find execution drugs. Europe has banned the export of products used for execution and major drug companies refuse to sell to prisons and corrections departments.

THE ASSOCIATED PRESS

Afghanistan

Larger Afghan security force needed: Report

A new assessment of Afghanistan's future says the country could revert to a terrorist haven unless U.S. and international partners underwrite a larger — and more expensive — Afghan security force than is currently planned beyond 2014.

THE ASSOCIATED PRESS

AVENGED SEVENFOLD
WITH SPECIAL GUEST **HELLYEAH**
SHEPHERD OF FIRE - TOUR
SATURDAY, APRIL 19, 2014
MTS centre theatre | ticketmaster.ca
TICKETS 855.985.5000
ON SALE TODAY!
PRESENTED BY **92.1**
MTSCENTRE.CA
AVENGEDSEVENFOLD.COM



The opossums that Metro reporter Rita Poliakov saw at a breeder's house were smaller than the wild opossum, which is pictured above. ISTOCK

So, you want to buy an opossum

'Other pets.' How one reporter's quest for the perfect marsupial led to an imperfect situation

RITA
POLIAKOV
Metro in Toronto

It didn't take long for the baby opossum to escape my grip.

About the size of my palm, it quickly made its way off my hand, around my shirt and onto the couch. After hours of researching the marsupial, I guess I never realized how quick they would be. Or how agile.

I didn't expect to find myself at an opossum breeder's house on a Sunday morning, chatting about cockroach lunches and ferret pellets. But there I was, watching a full-grown opossum cuddle with its owner. He looked downright adorable.

Scouring the web

My journey may have ended at a breeder's an hour away from Toronto, but it began on Kijiji. My goal was to go through the same steps a prospective exotic pet owner might before finding that perfect critter. And for me, that started online.

On Kijiji, lurking in the "other pets" section, I found

a wealth of exotic animals — hedgehogs, Bengal cats and pythons, all just a click away. After a bit of Googling, I settled on a Brazilian, short-tailed opossum. And then I looked up Toronto's animal bylaws.

Opossums, it turns out, are in the prohibited animals list, right in between kangaroos and wallabies.

"Part of the reason for the exotic animal bylaw is these animals need quite a lot of specialized care," said Mary Lou Leiher of Toronto Animal Services. "Opossums, they're still wild animals. They're just being socialized.... That doesn't make them domesticated. Wild animals have different brain chemistry and should be left in the wild."

If I'm caught with an opos-

'They're actually illegal'

"Sure, he would treat my opossum in an emergency, but then he'd inform me of the Toronto bylaws and recommend I take the pet to an animal rehab."

sum, animal services would try to get me to give up my pet voluntarily. Otherwise, I could get charged and saddled with a fine as high as \$5,000.

Providing the essentials

Trying to keep my opossum obsession on the down low, I started looking at care options. The breeder suggested using a plastic storage container with mesh on top where the lid would be instead of a cage. The opossum's diet would be a little bit more complicated. Opossums

need lots of variety, including ferret food, insects and baby food.

My next step was to talk to someone with experience. Richard Johnstone is an exotic animal science instructor at Sheridan College in Toronto. When living in Australia, Johnstone took in a baby possum (not to be confused with the North American opossum).

"It was delightful. I would bring home all kinds of eucalyptus. She'd sit on the back of the couch and chew them.

She was quite sweet," he said.

But when the possum got to adulthood, Johnstone released her. According to the instructor, mature possums can get aggressive when their hormones kick in.

Finding a vet

Armed with information, a hypothetical storage container and lots of cockroaches (also hypothetical), my last step was to find a vet.

Which proved to be my downfall.

The Links Road Animal Clinic in Toronto treats all kinds of exotic animals. But Dr. Evan Mavromatis hasn't seen many opossums.

"They're actually illegal," he was quick to tell me. Sure, he would treat my opossum in an emergency, but then he'd inform me of the Toronto bylaws and recommend I take the pet to an animal rehab.

Still, if not for animal bylaws, I think I'd enjoy owning a cuddly, agile marsupial. You know, hypothetically speaking.

Metro reporter Rita Poliakov initially wanted to research buying a Fennec fox, shown here, but YouTube videos showcasing the animal's astonishingly high energy level convinced her to look for something else.



Day 3: Exotic pets in Canada

After two New Brunswick boys were killed last year by an escaped African rock python, we wanted to understand why so many Canadians bring exotic — and sometimes lethal — animals into their homes and lives. What are the costs involved in caring for such critters? How many of these pets are illegal? And what happens when it all goes wrong?

- **Online.** Read about Jagger, a serval cat who lives in a Regina suburb; escape the clutch of a Burmese python; and hear what the Ikea monkey's mom has to say about having wild friends.



ISTOCK

That's not really a pet, is it?

Ranking No. 1 on Animal Planet's Top 10 Peculiar Pets list was none other than the Madagascar hissing cockroach (which produces a hissing sound when air travels through respiratory openings on the abdomen). These roaches could make ideal pets for those living in small dwellings, as the creatures only need a small enclosure with places to hide and sticks to climb. They're also suitable for exotic-animal owners who are on a budget. The insects eat fresh vegetables with dry pellet food that's high in protein. **METRO**



Jabba the Hut, or the face of cold-blooded danger? Read below to find out why this African bullfrog named Jeremiah can be a tricky pet. **CONTRIBUTED**

A soft spot for cold-blooded creatures *

From slithering serpents to creepy crawlies, Valerie Williams' vast array of cold-blooded pets would make even the bravest person cringe. But Williams wasn't nicknamed the Snake Lady for nothing.

Turning 80 this March, she has been all over Ontario educating adults and kids about reptiles, amphibians and insects since 1969. "A lot of people are scared of cold-blooded animals and often overlook how important they are," said Williams, who lives in London, Ont.

In every presentation, she likes reminding her audience about how useful these creatures are in the wild as they perform essential tasks like breaking down plant material to make new soil.

Williams' fascination for cold-blooded animals started when she was a young girl in her native England. At four years old, she was given her first pet snake. "My dad was an environmentalist and he'll just give me pets to take care of so I really appreciated them early on and was never really scared," she said.

Several decades after, Wil-

liams' interest has shown no signs of waning. She now keeps 20 rodent-eating snakes from ball pythons and king snakes to milk snakes and her favourite, corn snakes, which grow up to five feet and come in every colour except blue. "They're all extremely well-behaved," Williams said. "I will never do a show with an animal I don't personally know."

SARAH TAGUIAM/METRO IN REGINA

* Surprisingly, snakes aren't the most dangerous cold-blooded pets Valerie Williams owns. That title goes to her African bullfrog, Jeremiah. "He bites just because he feels like it," Williams said. "His kind attacks snakes and will even latch onto lions when they come down to drink in the watering hole." To see how sharp an African bullfrog's teeth are, search for "African bullfrog Erindi Private Game Reserve" on YouTube.



Having trouble with your pet fox? Help's a click away

Online support. Exotic animal owners can turn to Internet forums when they're having problems

ANDREW FIFIELD
Metro in Toronto

You become responsible forever, for what you have tamed.

That quote from French writer Antoine de Saint-Exupéry has become a mantra for exotic pet owners, but a dedicated Internet community is happy to help newbies shoulder that responsibility.

"Sadly, there are quite a few people who do not get the support they need," says Ash Whatcott, a forum moderator for Sybil's Den, a rich resource for new and prospective owners. "Rehoming an exotic animal is not easy and they can become very stressed."

A stressed animal makes for an unhappy pet, and an unhappy pet can be a destructive force, overwhelming new owners who worry they may have bitten off more than they



Fable's early days were trying for his owner, Ash Whatcott, but a little help from her online friends went a long way. **CONTRIBUTED**

can chew and marking a point where a helpful community becomes invaluable.

According to Whatcott, animals that spend their early days sharing a home are unlikely to find a happier habitat after proving too much for their owners. Many

end up in hands-off sanctuaries, which can be difficult for animals used to human contact. Others can end up being euthanized.

Whatcott herself was among the potentially overwhelmed owners after first adopting her red fox, Fable.

Quoted

"Rehoming an exotic animal is not easy and they can become very stressed."

Ash Whatcott, a forum moderator for Sybil's Den

Foxes are notoriously energetic and clever, traits that can get out of hand for an unprepared owner. Wrestling with red fox red tape such as securing the proper permits can also be daunting.

And though the help provided at Sybil's Den was a huge assist in the early days, the window for potential complications stays open.

"This past fall, I ran into difficulties when Fable's temperament unexpectedly changed," says Whatcott. "By speaking with other members I learned what to do to correct the situation and now Fable is back to his playful, loving self."

"If not for the community, I'm not sure I ever would have seen that cute little white-tipped tail wag again."

Which famous guy owned an anteater?

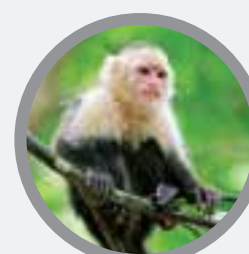
Mike Tyson, Vanilla Ice, Nicolas Cage, Justin Bieber, Salvador Dali and Michael Jackson are just some of the celebrities who've kept exotic pets. Guess which one owned which critter. (Answers below.)



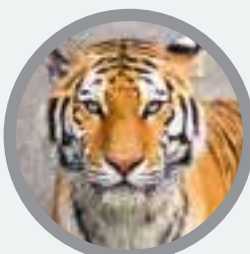
Anteater



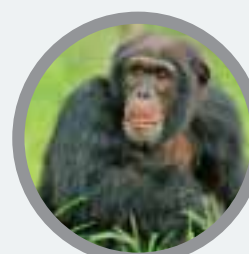
Octopus



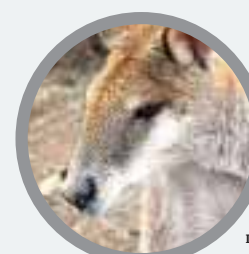
Capuchin monkey



Tiger



Chimpanzee



Wallaroo

ISTOCK

Answers: Salvador Dali = anteater, Nicolas Cage = octopus, Vanilla Ice = wallaroo, Justin Bieber = capuchin monkey, Mike Tyson = tiger, Michael Jackson = chimpanzee

Report. Tories offer reindeer-grazing reserves for oil, gas exploration

Tracts of land that had been set aside for reindeer grazing in Canada's North have instead been offered up by the Conservative government for oil and gas exploration, newly released documents show.

Companies interested in obtaining petroleum exploration rights in the Mackenzie Delta and Beaufort Sea region of the Northwest Territories were asked last year to nominate blocks of land that they wanted to see included in a subsequent call for bids.

Reindeer-grazing reserves near the communities of Inuvik and Tuktoyaktuk were among the lands that were included in that call for nominations, pending a necessary amendment to an order-in-council imposed in 2010.

Documents show officials at Aboriginal Affairs and Northern Development Canada have discussed just such an amendment in order to allow the reindeer-grazing land to be included in the bidding for exploration licences.

"Most Crown lands in the



PM Stephen Harper greets workers at a construction site in Inuvik, N.W.T., earlier this year. THE CANADIAN PRESS FILE

Mackenzie Delta are withdrawn from disposal under an order-in-council to allow for a reindeer-grazing reserve," says a briefing note to a top department official from last August.

"These lands have been included in the call for bids, pending amendments to (the order-in-council) to confirm the Crown's ability to dispose of these lands for oil and gas exploration."

THE CANADIAN PRESS

Market Minute

DOLLAR
90.10¢ (-0.14¢)

TSX
14,210.37 (+90.64)

OIL
\$102.92 US (-\$0.39)

GOLD
\$1,316.90 US (-\$3.50)

Natural gas: \$6.04 US (-\$0.06)
Dow Jones: 16,133.23 (+92.67)

Fresh style abroad

Canada's Joe Fresh going global

Grocery giant Loblaw Companies Ltd. is bringing its Joe Fresh discount clothing line overseas in a major expansion that will target fashionistas in key growth markets like the Middle East and North Africa.

The Canadian company said Thursday that the roll-out includes the addition of up to 141 Joe Fresh stores in 23 countries over the next four years. THE CANADIAN PRESS



Cold stone failure: Timmies puts creamery out of misery

Pedestrians walk past a Tim Hortons location with a Cold Stone Creamery in Toronto on Thursday. Tim Hortons has announced it's pulling the plug on its deluxe ice cream shops, a decision that cost the company about \$19 million in the fourth quarter. The partnership with the American dairy chain, which began in 2009, will continue in the Tim Hortons locations in the United States. TEXT: THE CANADIAN PRESS; PHOTO: TORSTAR NEWS SERVICE

WhatsApp with Facebook's buy?

Record-busting. The social media behemoth paid a jaw-dropping \$19B for phone app



ELISABETH BRAW
Metro World News in London

Facebook has paid \$19 billion

US for WhatsApp, the smart-phone app that allows users to send text messages for free. How can an app be worth as much as Honduras's entire economy, and much more than the economies of Jamaica and Nicaragua? Metro spoke with Bryce Keane, founder and director of the London social media firm Albion Drive and co-founder of events firm 3beards.

\$19 billion US, isn't that too much money to pay for a company that doesn't make any money currently?

Let's be honest, it's a pretty crazy evaluation. Facebook already has a similar technology but not many users, whereas WhatsApp has 450 million users. Facebook is buying WhatsApp's users and space.

But how is Facebook ever going to make the money back?

It's not buying WhatsApp to make money but to enter a new market and capture an active user population that doesn't use Facebook. A lot of young people use WhatsApp because they can't afford text messages. And let's be honest, somebody else already bought Skype and Viber. The messaging war is on.

SHOE SALE!

**Need to make room
for new Spring 2014 arrivals!**

25% off

all regular in-stock
Orthopaedic footwear

For the month
of February

Clearance
items
are priced
to go with

40% off!



**Healthwest
Rehabilitation Center**

Located on the 4/F
at the Bay downtown
450 Portage Avenue

Business hours:
10:00am-5:00pm
(closed 1-2) Mon-Fri

204-783-3355



OPTOMETRISTS:

Dr. A. Anderson & Associates

**Buy a frame and lenses and receive
a second pair free (same Rx)*
Or receive Anti-Reflective Coating***



We carry the very latest in designer fashions: Gucci, Dior, Guess, Jimmy Choo, Fendi, Bebe, Oakley, Nike, Michael Kors, and so much more! Quality promotional frames also available!

90-2200 McPhillips • 204.633.7482

101 - 2265 Pembina Hwy • 204-275-2015

www.andersonvisioncare.ca

*Some restrictions apply. Cannot be combined with other discounts.

CURLING GETS A BIT NUTTY

The world's most bizarre Olympics (and that's saying something) are cruising to a climax in Sochi this week, so it's only natural that all the follies are trending on social media.

1 The aim: to land the walnut in the centre of the nest. Perhaps the funniest video ever made. The BBC is responsible for running a video of the U.K. and U.S. Olympic women's curling match over a soundtrack of David Attenborough, in full plummy upper-crust roar, describing the mating ritual of some kind of exotic critter, while curlers point, sweep, curl the "walnut," and exhort each other strenuously. The walnut gets to be the rock. Curling finally makes some kind of sense.

2 Pound sand. Former Canadian Olympic chief Dick Pound gets a giggle on Twitter every time he's mentioned at Sochi merely because of his name. Somehow this guy managed to spend the last 50 years as a dedicated servant



THE METRO LIST
Paul Sullivan
metronews.ca

of amateur sport and as the world's foremost anti-doping crusader, only to trend on Twitter in his latter days because he's got a name that's more suited to a Sochi Tinder account.

3 And the gold medal for protesting at Sochi goes to... Pussy Riot. I'm not saying they went out of their way to get beaten up, but for sheer, er, punch, the YouTube video of the women of the Russian protest rock group getting beaten and whipped (yes, whipped) by members of the Cossack militia in front of the Sochi hoarding that surrounds the Olympic site is probably the most effective statement made against the whole fiasco. Their offence? Singing, "Putin will teach you how to love the motherland." OK, so it's not the song of the Vol-

ga Boatmen, but whipped?

4 Got a problem with that? The Sochi Games are plagued by so many problems @Sochi2014 still doesn't have as many fol-

lowers as @SochiProblems. Not even close: 263,000 for the former to 340,000 for the problems. The Russian-language problems site has an additional 171,000. D'oh! Or is that da!?

5 Meanwhile, over at the Shanghai Games. Not all the action is in Sochi. If you want see a real Olympian effort, how about two guys climbing the tallest building in China, the second tallest in the world, at 121 storeys and 632 metres? The hardest part? Once they got to the top, they have to look down.

6 Put down the phone. Step away from the table. French chefs are notorious prima donnas. But it's hard to argue with their latest source of outrage. Before they savour the savoury, diners are getting in the habit of documenting their meal and uploading the image to social media. "There is a time and place for everything," declares Alexandre Gauthier, chef of the Grenouillere in La Madeleine-sous-Montreuil. Not only that, it's bordering on gastronomic espionage. That will be 50 euros for the duck and 10 for the residuals. Or is that leftovers?

Follow The Metro List on
Twitter @TheMetroList



ZOOM

Remembering a teammate



JONATHAN HAYWARD/THE CANADIAN PRESS

Canada's Nik Zoricic honoured by team

Canada's Christopher Delbosco, left, flies through the air during the eighth final of the men's ski cross at the Sochi Winter Olympics in Russia on Thursday.

Members of the Canadian ski cross team who would normally be dressed head-to-toe in red and white, designed denim-looking ski pants for their Olympic race in honour of Nik Zoricic, who died after an accident on the ski cross course in March 2012.

THE ASSOCIATED PRESS

Denim makes a real statement in Sochi

When Toronto's Nik Zoricic began his ski cross career, he didn't have the right pants, so he wore blue jeans to the mountain.

Zoricic crashed through safety nets in a World Cup event, suffered severe head injuries and died in Grindelwald, Switzerland. Two months earlier, Canadian free skier Sarah Burke died in a training accident.

Canada's Brady Leman finished fourth Thursday in ski cross finals. France took all the medals.

THE ASSOCIATED PRESS

Clickbait



DYLAN ROBERTSON
Metro Online

Looking for a cheap drink? Craving your favourite brew? Use your phone's geo-location tracking to find booze and deals. Drink responsibly!

DrinkOwl:

This free app maps out drink specials and happy hours in your city. It also lists the hours of all alcohol stores in every province. Works on iOS, Android and BlackBerry.

Findmytap:

This free app shows you which beer nearby watering holes carry. Use your iOS or Android to search for your favourite pint.



GETTY IMAGES

Twitter

@metropicks asked: Some French restaurateurs want to eliminate food porn by banning smartphones while dining. Where would you ban smartphones?

@YvezBourgoin: movie theatres and concerts getting out of hand!

@5gatos: dislike all this "banning" how about ask your patrons nicely? Explain your views. #enoughrules

@jennifercw015: I agree with the restaurant and I would add a movie theatre or ordering anything from a customer service agent

@ramosjcr: ya okay, now we can't have smart phones in restaurants! Not going to happen! Instead they should embrace it!

@dansgoodside: I'd ban them around my own dinner table so that my friends would actually pay attention to me!

@Zaedum: Smartphones are a part of the world and entered us into an age of connectivity. They shouldn't be banned anywhere, except planes

@scottmahoney94: Line ups in fast food restaurants while ordering

@insideoutsidemk: if I'm paying for the dish why can I not photograph it! Pro iphone! I wouldn't pay to go to said establishment

@ammarxghori: thats so stupid LOL food porn = public interest in the food via social media = more popularity/customers/interest

@_Escape_Artist: public places where it may be a negative distraction to both users and others. Theatres (of all kinds) especially

@Canucklehead_ca: Brett Farve's possession. (See also: US Senators.)

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: winnipegletters@metronews.ca



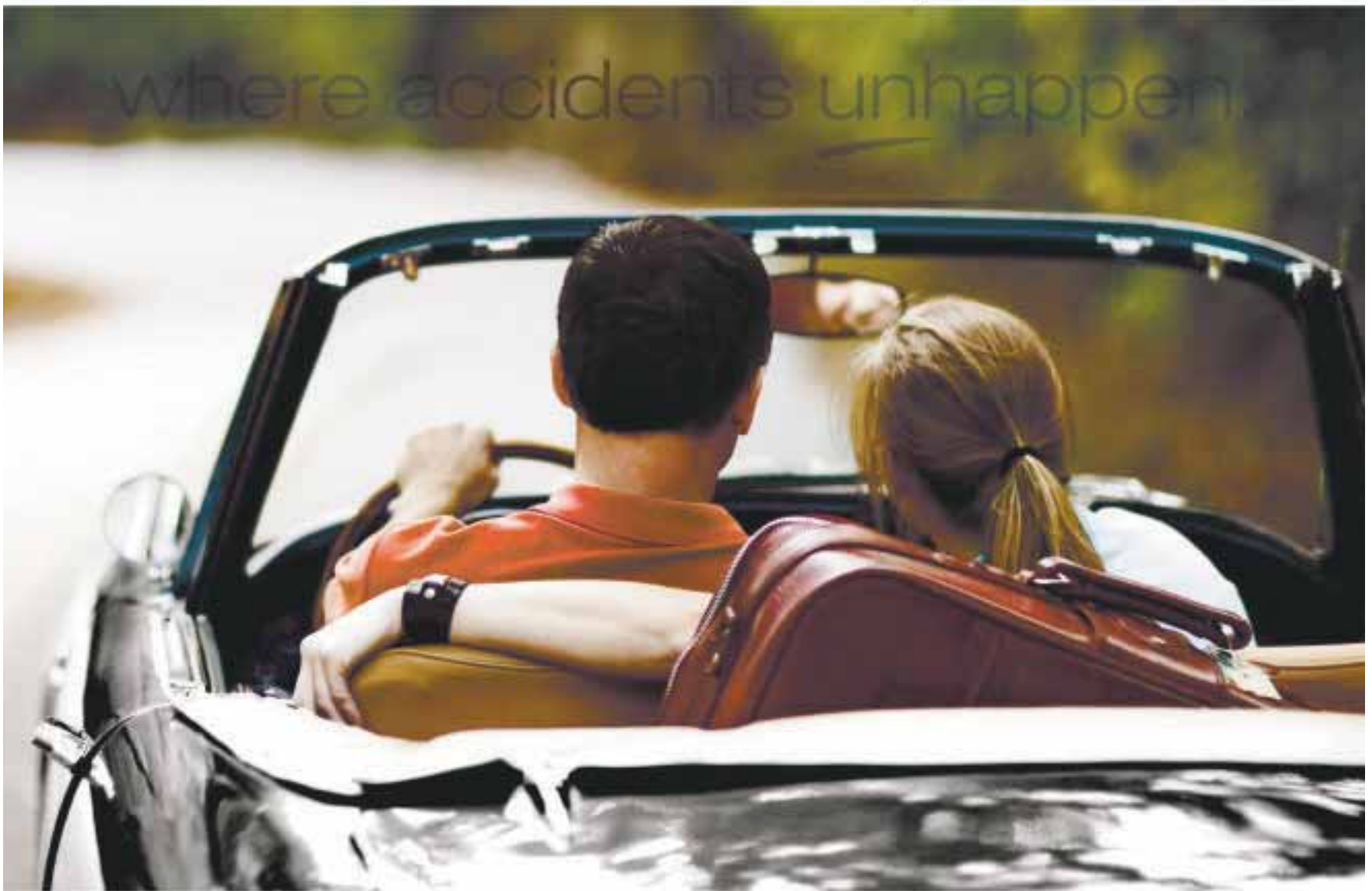
At CARSTAR we know your time is valuable. That's why we make it our job to make your accident unhappen. We ensure that your repairs are done right, the first time, and on time. And, the service you receive will be second to none.

Twitter: @carstarmanitoba | Facebook: CARSTAR Manitoba

CARSTAR proudly offers:

- Collision repair
- Auto glass repair & replacement
- MPI accredited
- AIR MILES reward miles*

where accidents unhappen



CARSTAR in Stonewall 467-4329
CARSTAR on Chevrier..... 475-7193
CARSTAR on Fife..... 632-7712
CARSTAR on Henderson..... 338-1551
CARSTAR on Saskatchewan..... 837-2399

**AIR MILES® reward miles not applicable on MPI claims.*

CARSTAR®
Collision & Glass Service

Synopsis

Set in the shadow of the gurgling volcano Mount Vesuvius, *Pompeii* stars *Game of Thrones* heart-throb Kit Harington as the muscle-bound Milo. His tribe, including his entire family, was wiped out by the vicious Roman Senator Corvus (Kiefer Sutherland) dooming him to a lonely life of servitude under the thumb of Roman masters. Years later as a gladiator in Pompeii's coliseum he sees a way to exact revenge and save Cassia (Emily Brown-ing), the most beautiful girl in the lush resort town. As warriors Milo and Atticus (Adewale Akinnuoye-Agbaje) battle Roman soldiers in the coliseum, the volcano erupts, causing havoc. Will Milo get vengeance and save Cassia before a rolling mountain of lava and ash covers the city?

• Richard: ●●●●●

• Mark: ●●●●●

Reel Guys

RICHARD CROUSE AND MARK BRESLIN



Pompeii opens this weekend. CONTRIBUTED

Plenty of molten cheese

Pompeii. The volcano is the only actor in this film that shows any kind of fire and spark

Richard: Mark, the spirit of Steve Reeves lives on. If you aren't familiar with Mr. Reeves' oeuvre, he was Hercules before Kevin Sorbo, a legend of beefcake historical drama movies. His movies were all about bulging muscles, swinging swords and damsels in revealing togas. Which brings me to the spiritual cousin to the Reeves movies — *Pompeii* — which adds spewing lava, but not much else to the sword and sandal genre. Physically,

Jason Statham sound-a-like Harington is up to the heroic Reeves role but is slowed down by the thick layer of molten cheese that covers almost every frame of this film.

Mark: Richard, the movie reminded me of *Titanic*, but not in a good way. It's 90 minutes of derivative and irrelevant narrative, a love story between an upper class woman and a commoner, followed by a half hour of the special effects you came to see in the first place. Harington is fine, but it doesn't matter. The real star is the volcano, and unfortunately, it has the best lines. The gladiator plotline is inferior to other films in the same genre, although I thought the 20 slaves versus

20 centurions scene was handled with great verve.

RC: It does take too long for Mount Vesuvius to blow its top — complete with flying lava meteorites — and when it does, the special effects aren't quite as spectacular as you might hope from a CGI extravaganza. On top of that is muddy-looking 3D. The film overall is dark as though the whole thing was shot through a cloud of volcanic ash. Having said that, I didn't think the volcano had all the best lines. I got a kick out of a prison guard loudly waking up the jailed gladiators by shouting, "Wake up, scum!"

MB: Oh. I thought he was

shouting that to the audience. And poor Kiefer Sutherland, given a cardboard role in a papier-mâché film. I kept expecting him to look at the volcano and shout, "We're running out of time!" What I think I would have liked was a drama that showed a cross section of Pompeii life all too tragically snuffed out by the erupting volcano. But maybe that would have been *Pompeus*.

RC: Ha! I felt that when slave trader Graecus said, "You dragged me from a perfectly good brothel for this?" he was speaking directly to me.

MB: Unfortunately the movie didn't speak to me in any way, shape or form.

visit metronews.ca

metro

BOOK YOUR SPECIAL EVENT WITH US

MOUNT ROYAL HOTEL

Ladies Night - Thursday *Men's Night - Friday*

EXOTIC DANCERS
DRINKS SPECIALS
KARAOKE SATURDAYS

186 HIGGINS AVE. PHONE: (204) 942-8812

2 SCENE

Seeing Paris through a gun barrel

3 Days to Kill. Touring the City of Light in car chases, dressed in stilettos and latex, was a wild ride for Amber Heard



**NED
EHRBAR**
Metro World News in Hollywood

Amber Heard has a ball playing Vivi, the trigger-happy, unsympathetic boss to Kevin Costner's retirement-age operative in *3 Days to Kill*. Vivi is all deadpan one-liners, stilettos and gun-play, something right out of the imagination of Luc Besson. Which makes sense, since the French filmmaker conceived of the story and co-wrote the script. But Heard's character's high-ranking position in the CIA came as something of a surprise to the actress, as it's something she didn't find out about until after she'd finished filming.

This doesn't seem too bad, as far as work goes.



Amber Heard is the stiletto-wearing trigger-happy boss in *Three Days to Kill*, which opens this weekend. CONTRIBUTED

I'll tell you what isn't bad: Driving through the streets of Paris, shooting a gun out of the window while Kevin Costner tries to steer for you, or getting in a fist fight with a stripper in front of [director] McG's cameras. I had this incredible heightened reality that I had to exist in — I'm basically in a

latex suit, full corset, a gun on my hip, shooting another gun with my free hand, wearing a platinum blonde wig and red lipstick, and this is right before I jump out of the car and assassinate a gangster. I look over and I see the Arc de Triomphe or the Eiffel Tower and I'm in a gunfight — it was a very

interesting way to see Paris that I didn't quite get from the tour bus.

They don't usually supply handguns on tours.

No. Unless you're in Texas, maybe.

Your character is in a very

Luc Besson world, which just seems like a fun place to be.

Yeah, that was straight out of Luc Besson's head. There's something very liberating about playing a character that has no respect for the rules and the physical laws and the social norms that the rest of us are bound by. McG is a lot

like Vivi in the fact that he's not really bound by the same standards or stereotypes or rules or expectations that other people are. He was fine having this dynamic of a younger woman like myself being the overbearing boss in ways — almost a sadistic boss — to Kevin Costner's character. And normally you don't see that dynamic. You would see younger girl and a man like Kevin and you would imagine the dynamic be a romantic one or paternal, one of the two. You don't expect this relationship. I liked that.

In keeping with that Luc Besson world, you had some pretty impressive costumes. Any particular favourites?

None of them were my favourite, I'll just put it that way. None of the wardrobe was fun to wear. Maybe with the exception of that opening scene [that's more business casual], that was fine for me to do. What wasn't fine was wearing a latex dress in the dead of winter in Paris in heels running through cobblestone streets.

WONDERLAND ANIME FESTIVAL

COSTUME CONTESTS VIDEO SCREENINGS

Central Canada's Premiere Anime, Gaming & Cosplay Event

MARCH 1st & 2nd, Victoria Inn Hotel, 1808 Wellington Ave.

Sailor Moon
Linda Ballantyne

Sailor Mars
Katie Griffin

Sailor Jupiter
Susan Roman

Tuxedo Mask
Toby Proctor

Artemis
Ron Rubin

TICKETS
\$20 Day Pass
\$35 Weekend Pass

www.wonderlandanime.com

Christensen's comeback

Working with the pros. After a bit of a hiatus, Canadian actor returns alongside Nic Cage and Adrien Brody



Hayden Christensen. THE CANADIAN PRESS

Hayden Christensen says it was "quite the adventure" filming the period piece *Outcast* in China — an experience that was heightened by his co-star Nicolas Cage.

The Vancouver-born actor of *Star Wars* fame said he was in and around Beijing for nearly four months shooting the action movie, which is set in the 12th century.

"We were filming out in the rural countryside for the most part and some incredible environments. And then working with Nic Cage was a real treat," Christensen said in a recent phone interview.

"He's everything that you expect and more. A super, super nice guy and one of the most professional actors I've ever gotten to work with."

Christensen said that he and Cage portray knights from the Crusades in the film. When the Canadian star first crossed paths with the Oscar winner,

Cage already appeared well on his way towards being immersed in his on-screen role.

"First time I met him, he was full on in character and didn't break character for the first couple of weeks," Christensen recalled. "He did a full-on English accent, he had like this wound on one eye, so he was walking around with one eye shut all of the time..."

"(He's) just a very dedicated guy. Showed up, he knew all of his lines for the entire movie before we started film-

ing. Just incredibly prepared, and it was really cool to get to work with him because I was a fan."

The 32-year-old — who has starred in films including *Shattered Glass*, *Jumper* and *Awake* — appears poised for a return to the big screen. In addition to shooting the recent project with Cage, he is set to appear alongside yet another Oscar winner, joining Adrien Brody in *American Heist*.

THE CANADIAN PRESS

Thriller



3 Days to Kill

Director: McG

Stars: Kevin Costner, Amber Heard

In this heart pounding action-thriller, Kevin Costner is a dangerous international spy, who is determined to give up his high stakes life to finally build a closer relationship with his estranged wife and daughter, whom he's previously kept at arm's length to keep out of danger. But first, he must complete one last mission.

Rotten Tomatoes™ score
Critics: **Audience:**
No reviews yet **+ 95 %**

Film studios still put their faith in religion

God is dead? He might be in some parts, but he's alive and well at the box office

ANNE
BRODIE
scene@metronews.ca

With a number of Biblical-themed films slated for release in 2014, religious films are back in vogue a decade after Mel Gibson's *The Passion of the Christ* earned \$611 million and became the highest grossing non-English language film of all time.

In a time when religion is on the wane in North America, religious movies seem to still have box office draw and studios are readily throwing money behind them. John Pungente, director of the Jesuit Communication Project in Toronto, says studios continue to

make them for one big reason. "Money. Studios are taking a leap of faith that films with religious figures as super heroes who save the world will bring in big money like *The Passion of the Christ*."

Last year's most watched TV cable miniseries, *The Bible*, from devout Christians Roma Downey and Mark Burnett, averaged 11.4 million viewers per episode and became the top-selling DVD miniseries ever — 525,000 copies were sold in the first week. Burnett made the series over strenuous objections in Hollywood.

Downey and Burnett's feature film on the life of Christ, *Son of God* is in theatres next week and Darren Aronofsky's *Noah* with Russell Crowe and *Exodus*, Ridley Scott's biblical epic starring Christian Bale as Moses are also due out this year.

Next year, we'll see *Ang Lee's Gods and Kings*, currently in development, and *Mary (Mother of Christ)* with Odeya

Quoted

"We go to see movies that attract us because we are seekers, pop pilgrims."

Jesuit Communication Project director John Pungente on the mass appeal of religious films

Rush, Ben Kingsley and the late Peter O'Toole. All are big budget special effects epics.

Burnett, best known for his pioneering work in reality TV, says producing religious content is more than just a money maker.

"This is for billions of people the most important story in their lives," he says.

Religious films have been everything from good to (ex-cuse the pun) God-awful.

They also often polarize audiences, inspiring protests, boycotts and heated debate. Consider the graphic torture



Son of God opens next Friday. CONTRIBUTED

scenes in *The Passion of the Christ* and Willem Dafoe's moment of doubt in *The Last Temptation of Christ*.

Pungente says a good religious film has certain qualities. "It touches something inside of you, it moves you, if you can connect with the 'message' of the film, find answers to questions you've had and find we're more than we thought."

"We go to see movies that attract us because we are

seekers, pop pilgrims. We are exercising, consciously or not, a religious sensibility, that engages us in the rituals of self-transcendence, or classic spiritual enlightenment. It's more than media literacy; it is genuine spiritual literacy that grows out of the pop culture in this mass mediated world. So *Beasts of the Southern Wild* or *Life of Pi* can be seen as religious a pair of films as *The Passion of the Christ* or *Son of God*."

"NOT SINCE *TITANIC* HAS HISTORY SO PERFECTLY MET ROMANCE."

MARK S. ALLEN, CBS/CW-TV



POMPEII IN 3D

PG NOT RECOMMENDED FOR YOUNG CHILDREN, VIOLENCE

Constantin Film

POMPEIIMOVIE.CA
FACEBOOK.COM/EONEFILMS
YOUTUBE.COM/EONEFILMS

IMPACT PICTURES

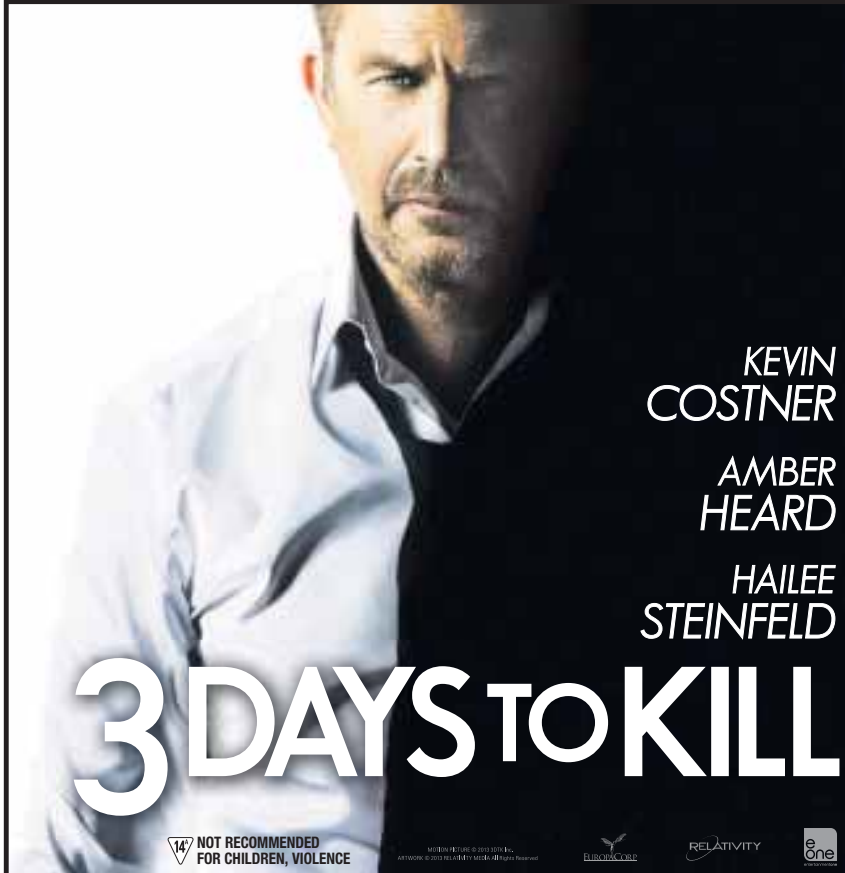
3D

e one

STARTS TODAY SEE IT IN real D 3D, DIGITAL 3D OR 2D
Check Theatre Directory for Locations & Showtimes.

ENTERTAINMENT ONE

e one



KEVIN
COSTNER

AMBER
HEARD

HAILEE
STEINFELD

3 DAYS TO KILL

14 NOT RECOMMENDED FOR CHILDREN, VIOLENCE

FACEBOOK.COM/EONEFILMS

3DAYSTOKILL.CA

YOUTUBE.COM/EONEFILMS

STARTS TODAY Check Theatre Directory for Locations & Showtimes.

THESE PAGES COVER MOVIE START TIMES FROM FRI., FEB. 21 TO THURS., FEB. 27. TIMES ARE SUBJECT TO CHANGE.

Cinema City McGillivray
2190 McGillivray Blvd.
3 Days to Kill (14A) Fri 4:35-7:25-10:15
Sat-Sun 2:10-5-7:45-10:30 Mon 4:20-
7:10-10 Tue 4:35-7:25-10:15 Wed-Thu
4:20-7:10-10
American Hustle (14A) Fri 6:55-10:05
Sat-Thu 6:45-9:50
Endless Love (PG) Fri 4:10-7:05-9:35 Sat-
Sun 1:30-4:10-6:55-9:35 Mon 4:35-7:20-
9:55 Tue 4:10-6:55-9:35 Wed 4:35-7-9:55
Thu 4:35-7:20-9:55
Frozen (G) Sat-Sun 1:15
Frozen 3D (G) Fri 4:10 Sat-Sun 3:55 Mon
4 Tue 4:10 Wed-Thu 4
The LEGO Movie (G) Sat-Sun 1:35
The LEGO Movie 3D (G) Fri 5:15-7:50-
10:15 Sat-Sun 4:20-6:55-9:30 Mon 4:05-
6:55-9:25 Tue 5:15-7:50-10:15 Wed-Thu
4:05-6:55-9:25
The Monuments Men (PG) Fri 4:20-
7:10-10:05 Sat 1:30-4:20-7:10-10:05 Sun
4:20-7:10-10:05 Mon 4:10-7-9:45 Tue 4:20-
7:10-10:05 Wed 4:10-9:45 Thu 4:10-7-9:45
Pompeii 3D (PG) Fri 4:15-7-10 Sat-Sun
1:20-4:15-7-10 Mon 4:30-7:30-10:10 Tue
4:15-7-10 Wed-Thu 4:30-7:30-10:10 Fri
6:45-9:50 Sat-Sun 3:30-6:45-9:50 Mon
7-9:50 Tue 6:45-9:50 Wed-Thu 7-9:50
RoboCop (PG) Fri 4:50-7:35-10:25
Sat-Sun 2:05-4:50-7:35-10:25 Mon 4:15-
7:05-9:50 Tue 4:50-7:35-10:25 Wed-Thu
4:15-7:05-9:50 Fri 7:20-10:15 Sat-Sun
4-7:20-10:15 Mon 6:30-9:20 Tue 7:20-
10:15 Wed-Thu 6:30-9:20
Royal Winnipeg Ballet's Moulin Rouge:
The Ballet (STC) Sun 12:55 Wed 7
Winter's Tale (PG) Fri 4-7:05-10:10 Sat-
Sun 1-4-7:05-10:10 Mon 4:25-7:15-10:05
Tue 4-7:05-10:10 Wed-Thu 4:25-7:15-
10:05
The Wolf of Wall Street (18A) Fri 6-9:15
Sat-Sun 3-6-9:15 Mon 8 Tue 6-9:15
Wed-Thu 8

Cinema City Northgate
1399 McPhillips Street
47 Ronin 3D (14A) Fri 7:30-10:05 Sat-Sun
1:55-4:45-7:30-10:05 Mon-Thu 5:40-8:20
Anchorman 2: The Legend Continues
(14A) Fri-Sun 7-9:50 Mon-Thu 7:40
Delivery Man (PG) Fri 7:20-9:55 Sat-Sun
2:15-4:40-7:20-9:55 Mon-Thu 5:45-8:05
Gravity 3D (PG) Fri 7:10-9:30 Sat-Sun
2:20-4:50-7:10-9:30 Mon-Thu 6-8:10
Saving Mr. Banks (PG) Fri 7:25-10:15
Sat-Sun 1:45-4:30-7:25-10:15 Mon-Thu
5:30-8:15
The Secret Life of Walter Mitty (PG) Fri
7:05-9:40 Sat-Sun 1:50-4:20-7:05-9:40
Mon-Thu 5:55-8:30
Starting Over Again (STC) Fri 7:15-10:10
Sat-Sun 1:30-4:25-7:15-10:10 Mon-Thu
5:35-8:25
Thor: The Dark World 3D (PG) Fri
6:50-9:25 Sat-Sun 1:40-4:10-6:50-9:25
Mon-Thu 5:25-8
Walking With Dinosaurs (G) Sat-Sun
2:05-4:35 Mon-Thu 5:20

Cinematheque
304-100 Arthur
Asphalt Watches (STC) Fri-Sat 9 Sun 7
Wed 7 Thu 9
Jason and the Argonauts (STC) Sun 2
No Films Showing Today (STC) Mon-Thu
Reconversão (STC) Fri-Sat 7 Thu 7

City Cinema - Northgate
1399 McPhillips
47 Ronin 3D (14A) Fri 7:30-10:05 Sat-Sun
1:55-4:45-7:30-10:05 Mon-Thu 5:40-8:20
Anchorman 2: The Legend Continues
(14A) Fri-Sun 7-9:50 Mon-Thu 7:40
Delivery Man (PG) Fri 7:20-9:55 Sat-Sun
2:15-4:40-7:20-9:55 Mon-Thu 5:45-8:05
Gravity 3D (PG) Fri 7:10-9:30 Sat-Sun
2:20-4:50-7:10-9:30 Mon-Thu 6-8:10
Saving Mr. Banks (PG) Fri 7:25-10:15
Sat-Sun 1:45-4:30-7:25-10:15 Mon-Thu
5:30-8:15
The Secret Life of Walter Mitty (PG) Fri



Winter's Tale. CONTRIBUTED

7:05-9:40 Sat-Sun 1:50-4:20-7:05-9:40
Mon-Thu 5:55-8:30
Starting Over Again (STC) Fri 7:15-10:10
Thor: The Dark World 3D (PG) Fri
6:50-9:25 Sat-Sun 1:40-4:10-6:50-9:25
Mon-Thu 5:25-8
Walking With Dinosaurs (G) Sat-Sun
2:05-4:35 Mon-Thu 5:20

Famous Players Kildonan
Place, 1555 Regent Ave W,
Frozen (G) Sat-Sun 1
Frozen 3D (G) Fri 4:30 Sat-Sun 3:45
Labor Day (PG) Fri-Sun 7:20-10 Mon-
Thu 5:40-8:20
The LEGO Movie (G) Sat-Sun 12
The LEGO Movie 3D (G) Fri 5-7:40-10:15
Sat-Sun 2:35-5:15-7:40-10:15 Mon-Thu
5:20-7:50
The Monuments Men (PG) Fri 4-6:50-
9:40 Sat-Sun 1:15-4-6:50-9:40 Mon-Thu
5:30-8:15
RoboCop (PG) Fri 4:20-7:10-10 Sat-Sun
12:45-3:30-7:10-10 Mon-Thu 5:50-8:45
That Awkward Moment (14A) Fri 4:50-
7:30-10:10 Sat-Sun 1:30-4:10-7:30-10:10
Mon-Thu 6-8:40
Winter's Tale (PG) Fri 4:10-7-9:50 Sat-Sun
12:30-3:20-7-9:50 Mon-Thu 5:40-8:30

Grant Park 8 Cinemas
1120 Grant Ave.
12 Years a Slave (14A) Dolby Stereo Digital
Fri 3:30-6:35-9:45 Dolby Stereo Digital
Sat-Sun 12:30-3:30-6:35-9:45 Dolby Stereo
Digital Mon-Thu 3:30-6:35-9:45
August: Osage County (14A) Dolby Stereo
Digital Fri 3:45-7-9:50 Dolby Stereo Digital
Sat-Sun 12:45-3:45-7-9:50 Dolby Stereo
Digital Mon-Thu 3:45-7-9:50
The LEGO Movie (G) Dolby Stereo
Digital, No Passes Fri-Thu 3:40
The LEGO Movie 3D (G) Dolby Stereo
Digital, No Passes Fri 6:40-9:40 Dolby
Stereo Digital, No Passes Sat-Sun 12:40-
6:40-9:40 Dolby Stereo Digital, No Passes
Mon-Thu 6:40-9:40

The Monuments Men (PG) Dolby Stereo
Digital, No Passes Fri 3:55-6:55-9:55
Dolby Stereo Digital, No Passes Sat-Sun
12:55-3:55-6:55-9:55 Dolby Stereo Digital,
No Passes Mon-Thu 3:55-6:55-9:55
Non-Stop (PG) Digital, Dolby Stereo Digital,
No Passes, Stadium Seating Thu 10
Philomena (14A) Dolby Stereo Digital
Fri 3:35-6:30-9:35 Dolby Stereo Digital
Sat-Sun 12:25-3:35-6:30-9:35 Dolby Stereo
Digital Mon-Thu 3:35-6:30-9:35
RoboCop (PG) Dolby Stereo Digital, No
Passes Fri 3:50-6:50-10 Dolby Stereo Digital,
No Passes Sat-Sun 12:50-3:50-6:50-10
Dolby Stereo Digital, No Passes Mon-Thu
3:50-6:50-10
Winter's Tale (PG) Dolby Stereo Digital
Fri 4-7:10-10:05 Dolby Stereo Digital
Sat-Sun 12:35-4-7:10-10:05 Dolby Stereo
Digital Mon-Thu 4-7:10-10:05 Dolby
Stereo Digital Wed 4-10:05 Dolby Stereo
Digital Thu 4-7:10
The Wolf of Wall Street (18A) Dolby
Stereo Digital Fri 3:20-7:05 Dolby Stereo
Digital Sat-Sun 12:20-3:20-7:05 Dolby
Stereo Digital Mon-Thu 3:20-7:05

Landmark Globe Cinema
393 Portage Ave.
American Hustle (14A) Fri 6:55-9:45 Sat-
Sun 1:10-4-6:55-9:45 Mon-Thu 6:55-9:45
The Monuments Men (PG) No Passes Fri
7-9:35 No Passes Sat-Sun 1:20-4:15-7-9:35
No Passes Mon-Thu 7-9:35
Starting Over Again (STC) Sub-Titled Fri
6:35-9:20 Sub-Titled Sat-Sun 1-3:50-6:35-
9:20 Sub-Titled Mon-Thu 6:35-9:20

Landmark Towne Cinema 8
301 Notre Dame Avenue
3 Days to Kill (14A) Fri 7:15-9:35 Sat-Sun
12:45-3:25-7:15-9:35 Mon-Thu 7:15-9:35
Endless Love (PG) No Passes Fri 7:10-9:40
No Passes Sat-Sun 12:55-3:15-7:10-9:40
No Passes Mon-Thu 7:10-9:40

I, Frankenstein (14A) Sat-Sun 3:35
I, Frankenstein 3D (14A) Fri 7:20-9:45
Sat-Sun 1:15-7:20-9:45 Mon-Wed 7:20-
9:45 Thu 7:20
The LEGO Movie (G) Sat-Sun 3:30
The LEGO Movie 3D (G) Fri 6:45-9:05
Sat-Sun 1-6:45-9:05 Mon-Thu 6:45-9:05
Non-Stop (PG) Sneak Preview, No Passes
Thu 9:35
Pompeii (PG) Sat-Sun 3:45
Pompeii 3D (PG) Fri 7-9:25 Sat-Sun 1:25-
7-9:25 Mon-Thu 7-9:25
Ride Along (14A) Fri 6:55-9:10 Sat-Sun
12:50-3:10-6:55-9:10 Mon-Thu 6:55-9:10
RoboCop (PG) Fri 6:40-9:20 Sat-Sun 1:05-
3:40-6:40-9:20 Mon-Thu 6:40-9:20
Winter's Tale (PG) Fri 6:50-9:30 Sat-Sun
12:40-3:20-6:50-9:30 Mon-Thu 6:50-9:30

SilverCity Polo Park
815 St. James Street
3 Days to Kill (14A) Fri 1:50-4:35-7:25-
10:20 Sat 12:35-4:15-7:25-10:20 Sun
12:35-4-7:50-10:25 Mon-Tue 1:50-4:35-
7:25-10:20 Wed 1:50-4:35-7:20-10 Thu
1:30-4:15-10:30
About Last Night (14A) Fri-Sat 12:10-
2:45-5:15-7:50-10:30 Sun 12:10-2:45-5:15-
7:50-10:20 Mon-Thu 2-4:45-7:15-10
American Hustle (14A) Fri-Thu 9:30
Cats & Dogs (G) Sat 11
Endless Love (PG) Fri-Sat 12-2:35-5:10-
7:45-10:20 Sun 12-2:35-5:10-7:45-10:15
Mon-Tue 2:35-5:10-7:45-10:20 Wed 4:20-
7:10-10:15 Thu 2:35-5:10-7:45-10:20 Star
& Strollers Screening Wed 1:30
Frozen (G) Fri-Sun 12:05 Mon-Tue 1:35
Wed 1:45 Thu 1:35
Frozen 3D (G) Fri-Sat 2:45-5:25-8:10 Sun
2:35-5:10 Mon-Tue 4:10-7:10 Wed 4:20-
7:10 Thu 4:10-7:10
The Hobbit: The Desolation of Smaug 3D
(14A) Fri 11:55-3:20 Sat 3:20-6:45-10:15
Sun 3:15 Mon-Thu 3:10 Fri 6:45-10:15
Sun 6:45-9:30 Mon-Thu 6:45-9:50

I, Frankenstein 3D (14A) Fri-Sat 10:45
Sun 10:30 Mon-Thu 10:15
The LEGO Movie (G) Fri 1:40-4:10-6:50
Sat 11:25-1:40-4:10-6:50 Sun-Thu 1:40-
4:10-6:50
The LEGO Movie 3D (G) Fri 12-2:30-
5:05-7:40-10:10 Sat 10:55-12-2:30-5:05-
7:40-10:10 Sun 12-2:30-5:05-7:40-10:10
Mon-Thu 2:30-5-7:35-10:10
The Monuments Men (PG) Fri-Sat
1:20-4:20-7:15-10:15 Sun 1:20-4:20-7:15-
10:05 Mon 1:30-4:20-7:20-10:10 Tue-Thu
1:30-4:20-7:20-10:20
National Theatre Live: Coriolanus - En-
core (STC) Sat 12:30
National Theatre Live: War Horse (STC)
Thu 7
Non-Stop (PG) No Passes Thu 9:45
Pompeii 3D (PG) Fri-Sat 12:15-2:50-5:25-
8-10:40 Sun 12:05-2:40-5:15-7:50-10:25
Mon-Thu 2:30-5:15-7:50-10:30
Ride Along (14A) Fri 12:40-3:10-5:40-
8:20-10:50 Sat 11:05-12:40-3:10-5:40-
8:20-10:50 Sun 12:25-2:55-5:25-7:55-
10:20 Mon-Wed 1:55-4:25-7-9:45 Thu
1:55-4:25-7
RoboCop (PG) Fri-Sun 1:10-4-7:10-10:05
Mon-Thu 1:30-4:15-7:10-10:05
RoboCop: The IMAX Experience (PG)
Fri 2:10-5-7:50-10:50 Sat 11:15-2:10-5-
7:50-10:50 Sun 2:10-5-7:40-10:30 Mon-
Thu 2:10-5-7:45-10:30
Royal Winnipeg Ballet's Moulin Rouge:
The Ballet (STC) Sun 12:55 Wed 7
Takedown: The DNA of GSP (14A) Sat
4:30 Mon 7:30
That Awkward Moment (14A) Fri 2:05-
4:35-7:05-9:40 Sat 1:50-7:05-9:40 Sun 2:05-
4:35-7:05-10:20 Mon 2:05-4:35-10:20 Tue
2:05-4:35-7:05-9:40 Wed 2:05-4:35-9:40
Thu 2:05-4:35-7:05-9:40
Winter's Tale (PG) Fri-Sat 1:40-4:30-7:30-
10:25 Sun 1:40-4:30-7:30-10:20 Mon-Thu
1:45-4:30-7:30-10:25 Wed 4:30-7:30-10:25
Thu 1:45-4:30-7:30-10:25 Star & Strollers
Screening Wed 1:30

WWE Elimination Chamber - 2014
(STC) Sun 7
SilverCity St. Vital
110-1225 St Mary's Rd.
Cats & Dogs (G) Sat 11
Endless Love (PG) Fri 2:45-5:20-8-10:30
Sat-Sun 12:20-2:45-5:20-8-10:30 Mon-
Wed 2:15-4:50-7:20-9:50 Thu 4:50-7:20-
9:50 Star & Strollers Screening Thu 1:30
Frozen (G) Fri 2:15 Sat 11:45 Sun 2:20
Mon-Thu 2:05
Frozen 3D (G) Fri 4:45 Sat 2:15-4:45 Sun
4:45 Mon-Thu 4:35
The Hobbit: The Desolation of Smaug 3D
(14A) Fri-Sun 9:45 Mon-Thu 9:40
The Hunger Games: Catching Fire (PG)
Fri-Tue 6:45-9:55 Wed 9:55 Thu 6:45-9:55
Jack Ryan: Shadow Recruit (PG) Fri-Sat
2:50-5:15-7:50-10:25 Sun 5:15-7:50-10:25
Mon-Thu 2:35-5:05-7:35-10:15
The LEGO Movie (G) Fri 2-4:25-7 Sat
11:05-12:25-1 Sun 11:05-12 Mon-Thu
2-4:25-6:55 Sat-Sun 11:35-2-4:25-7
The LEGO Movie 3D (G) Fri 2:30-5-
7:40-10:15 Sat 12-2:30-5-7:40-10:15 Sun
12:30-2:30-3-5-7:40-10:15 Mon-Thu
2:30-5-7:40-10:10
The Monuments Men (PG) Fri-Sun
1:30-4:15-7:10-10:05 Mon-Thu 1:45-4:30-
7:15-10
The Nut Job (STC) Fri 1:35-4 Sat 11:30-4
Sun 12:20-4 Mon-Thu 1:55-4:20
Pompeii 3D (PG) Fri 2:40-5:20-7:50
Sat-Sun 12:20-2:40-5:20-7:50 Mon-Thu
2-4:30-7 Fri-Sun 10 Mon-Thu 9:45
RoboCop (PG) Fri-Wed 1:50-4:40-7:25-
10:10 Thu 4:40-7:25-10:10 Star & Strollers
Screening Thu 1:30
Royal Winnipeg Ballet's Moulin Rouge:
The Ballet (STC) Sun 12:55 Wed 7
That Awkward Moment (14A) Fri 3:10-
5:30-7:55-10:20 Sat-Sun 12:55-3:10-5:30-
7:55-10:20 Mon-Thu 2:50-5:15-7:45-10:05
Vampire Academy (PG) Fri-Sun 7:15-
10:30 Mon-Thu 7:05-9:35

Game of Thrones cast promises a new season full of twists and turns

Action packed. Off-screen pals Kristian Nairn and Isaac Hempstead-Wright say season four will deliver the goods

While the much buzzed-about Red Wedding episode delivered a gut punch to Game of Thrones fans, the new season of the fantasy epic appears poised to do more of the same with the potential for plenty of fresh plot twists.

"Some people thought that after the Red Wedding that that would be a major pinnacle of the action," said Kristian Nairn, who portrays Hodor in the hit series during a recent interview in Toronto alongside co-star Isaac Hempstead-Wright (Bran Stark).

"But it doesn't let up, the action doesn't let up, and season four is definitely non-stop."

Dressed casually in a hoodie, T-shirt and jeans with miniature tattoos of stars dotted above his right eye, the affable actor is strikingly different than his Games character Hodor, the simple-minded servant for the Starks. Hodor becomes a trusted companion to young Bran, tasked with carrying the boy who is paralyzed after being pushed from a tower window.

The onscreen kinship be-



Stars of HBO's hit series Game of Thrones, Kristian Nairn (Hodor) and Isaac Hempstead-Wright (Bran Stark) pose at a publicity event in Toronto this week. LUCAS OLENIUK/TORSTAR NEWS SERVICE

tween Nairn and Hempstead-Wright has translated away from the cameras, as the pair share a laugh prior to their interview looking on a mobile phone at a photo of a dog sent in by a fan.

"We're definitely close in real life — and we didn't really have a choice not to be close. We were sort of forced into each other's proximity. I hope it comes across on camera," said Nairn.

"I'm very protective of Isaac — even in real life. I would like to think that that shows in the

character."

Still, despite relishing his role, hoisting Hempstead-Wright on his back for lengthy shoots — often with several retakes — has become a bit of an occupational hazard for the six-foot-10 Nairn.

"Painful. I've got numerous back injuries because of it," said Nairn. "He's literally three times the size he was when I first met him."

He looks at Hempstead-Wright: "You were four stone (56 pounds) when I first met you."

"I think I'm twice that now," the 14-year-old replied.

"Maybe more," countered Nairn. "I'll bet more."

"What have you got against my weight?" asked Hempstead-Wright, teasingly.

Nairn lets out a hearty laugh.

"On my back, I've got against it," he replied, jokingly.

For Hempstead-Wright, who lives in a secluded rural part of Kent in the U.K., he says life remains very much the same as when he first joined the acclaimed series, filming the pilot

Quoted

"The characters make the show what it is because they're rich, there's intrigue, you never know what they're thinking or whether they're going to completely change tack."

Isaac Hempstead-Wright, who plays Bran Stark

at age 10. Given the show's very adult subject matter, he admits his mother "didn't really want to watch it at all."

"It was a process, but in a sense that the violence wasn't so much a problem because you knew that it was all fake. You'd be walking around with dead bodies on the ground and taking pictures of them," he said. "My mum found the sex a bit more of a problem, and she just gave me equally inappropriate talks about it all."

Nairn said season four will be interesting in terms of story arc as the duo are joined by Jojen and Meera Reed (Thomas Brodie-Sangster and Ellie Kendrick) as they journey beyond the Wall along the northern border — and into potential danger.

"We're doing the completely sort of illogical thing because everybody else is trying to run as far away from the north as possible, and we're running straight into it," said Hempstead-Wright.

Neither of the stars have read the George R.R. Martin books but both are keen to read

the scripts and admit there are inherent advantages to being a part of such a large ensemble.

"They need to have a big cast and the introduction to new characters to counter the huge loss every 10 minutes of different characters," said Hempstead-Wright.

"The characters make the show what it is because they're rich, there's intrigue, you never know what they're thinking or whether they're going to completely change tack. They interweave, and when you think one is completely miles away, they suddenly collide and you get this whole new storyline."

THE CANADIAN PRESS

DVD release

Prior to the April 6 season premiere on HBO Canada, fans can revisit or catch up on the world of Westeros with Game of Thrones: The Complete Third Season now available on DVD, Blu-ray and for digital download.


W.K.CHAN
JEWELLERS

ENTER TO WIN
a 14K WHITE GOLD DESIGN DIAMOND
PENDANT valued at \$1000

No purchase necessary. Prize to be awarded to winner on March 3rd.



After more than 50 years in the jewellery business, Mr. W. K. Chan is Retiring and one of our stores will be closed.

TO ENTER

Retirement & Store Closing SALE

By popular demand
SALE
EXTENDED!
For a limited time
(sale subject to end without notice)

Almost all Fine Jewellery
Selling at Down to only
39¢
On the Dollar
of the Ticketed Price

Polo Park (Winnipeg): Monday to Friday 10:00 am – 9:00 pm
Saturday 9:30 am – 6:00 pm | Sunday 11:00 am – 6:00 pm

St. Vital Centre (Winnipeg): Monday to Friday 10:00 am – 9:00 pm
Saturday 9:30 am – 6:00 pm | Sunday 11:00 am – 6:00 pm

Brandon Shoppers Mall: Monday to Saturday 9:30 am – 9:00 pm
Sunday 11:00 am – 5:00 pm

www.wkchan.com

With new album, Stephen Malkmus assures us he's 'just busy being me'

Never a cliché. Jicks frontman has a love for pop, but can't help marching to the beat of his own drummer

PAT HEALY
Metro World News

When we tell Stephen Malkmus that a lot of the songs on his new album with the Jicks, *Wig Out at Jagbags*, sound like classic rock, but with lyrics that are likely too clever for casual classic rock fans to embrace, we accidentally tap into a brief vein of existential angst.

"It doesn't last long, it doesn't really give you a pay off, it's like a tease, a tease of that kind of stuff; an elusive classic rock with

no payoff," he begins to consider.

"That's sort of what I feel like life is often like. The big payoffs, we know they are false and we know that they have already been done. It's like we know our presidents lie and that there are huge losers in capitalism, it's part of our identity in this era."

But Malkmus seems like he's OK with this. He also seems fully immersed in this era.

He's been taking his kids, aged six and nine, to see concerts by pop acts like Macklemore & Ryan Lewis and Lorde.

"I think that's how music is too," he says about the false big payoffs. "I can get transported by a person's voice occasionally and when it's the right mix of some emotion, just luckily sometimes. I can feel some-

Quoted

"It doesn't last long, it doesn't really give you a pay off, it's like a tease, a tease of that kind of stuff; an elusive classic rock with no payoff."

Stephen Malkmus
on the sound of his new album, *Wig Out at Jagbags*.

thing transcendent occasionally, but even then I am kind of left just saying, 'Oh hey, nice work! They pulled that off.'"

If Malkmus sounds cynical in conversation, the content on *Wig Out* is at the opposite end of the spectrum.

There's the aforementioned elusive classic rock sound, as well as sounds that are almost easy listening. The lyrics feel dashed off, but are never clichéd.

On Independence Street, one of the most classic rockiest tracks, Malk-

mus sings, "I don't have the stomach for your brandy/I can hardly sip your tea/I don't have no teeth left for your candy/I'm just busy being me."

There's even a nostalgic ode to going to see punk rock shows with Rumble at the Rainbo. It's important to note that the song about punk rock is not actually a punk rock song. It's more of a showy pop number.

For as long as Malkmus has been writing songs, he's always defied conventions, especially in his early beginnings with Pavement (this year historically marks the year that the Jicks have existed longer than Pavement).

But one has to wonder, will Malkmus ever take an honest stab at something

that does give the masses that payoff?

"There's no point to doing that for us," he says. "I just kind of don't have the mind for that. The thing to do is to make a catchphrase whatever it is, I Put a Spell on You, Daydream Believer, just one thing, and that's the kind of the song and then it all just flows around that. That's a pop song, lyrically."

"I think I probably could write one of those lines and keep repeating it at the chorus and it almost doesn't even matter what you say, except that some things might be poetic in rare cases, or even not even poetic but emotional, but that formula just feels like a jingle-writer to me."

"I have thought about it, I understand it, and I appreciate the simple genius of people that can do that. I don't think it's anything really to talk down about, I just don't do it. Maybe I can't do it. It doesn't interest me. I like the sentiment of songs that do that. It encapsulates a lot of feeling in a small amount of words."

Running on Pavement

On the *Wig Out at Jagbags* song *J Smoov*, a horn plays a light riff that sounds a lot like the "nanny nanny boo boo" melody of the *Pavement* song, *Stereo*. This is news to Malkmus. "Good point! I didn't think of that," he says. "I don't even think the guy who played that knew. The guy that did that, he was just really talented, I just ran three horn solos, and he just did that."

Tour dates

Stephen Malkmus and the Jicks play Toronto Saturday at Lee's Palace.

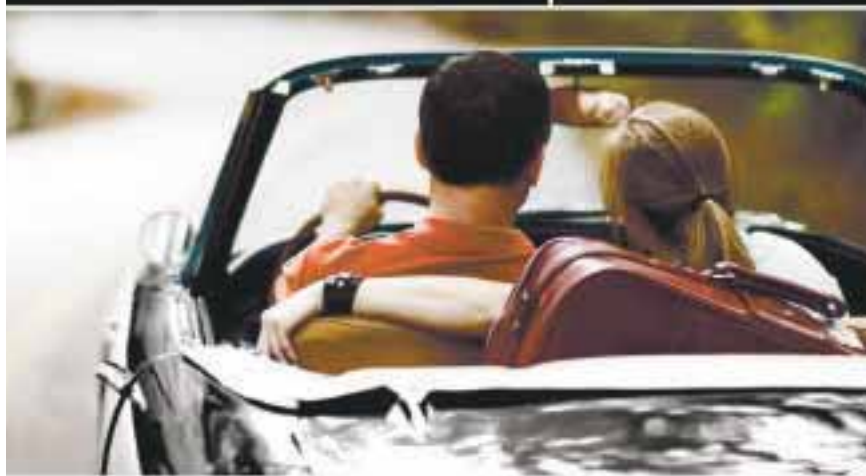
- They'll be in Montreal Sunday at Cafe Campus.
- For tour info, check out stephenmalkmus.com.

At CARSTAR we know your time is valuable. That's why we make it our job to make your accident happen. We ensure that your repairs are done right, the first time, and on time. And, the service you receive will be second to none.

Twitter: @carstamanitoba | Facebook: CARSTAR Manitoba

CARSTAR proudly offers:

- Collision repair
- Auto glass repair & replacement
- MPI accredited
- AIR MILES reward miles*



CARSTAR on Chevrier 475-7193
CARSTAR on Fife 632-7712
CARSTAR on Henderson 338-1551
CARSTAR on Saskatchewan 837-2399
CARSTAR on Stonewall 467-4329
*AIR MILES® reward miles not applicable on MPI claims.

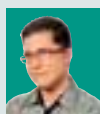
CARSTAR
Collision & Glass Service



Stephen Malkmus and the Jicks LEAH NASH

Mind the App

A most puzzling adventure of curiosities



MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

The Room Two
iPhone/iPad/Android
\$2.99

Finally out for Android, this award-winning puzzle game delivers arcane 3D artifacts with secret mechanisms and beautiful lenses for you to unlock as if actually holding them in your hands.



Video game review

Name. The LEGO Movie Videogame

For. S3, PS4, Xbox 360, Xbox One, Wii U

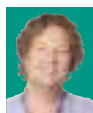
Rated. Everyone 10+



Play this game and you'll see the movie, that's how much footage is included. Whenever there's fighting or brick-building, the game takes over like an extended scene. Both admirably speak to the way kids use LEGO to invent wild tales and oddball characters. Outlandish sequences involving giant robots, disco dances and psychedelic unicorn kitten rage add originality to a now-familiar system of coins and breakables. That you can mix cowboys with pirates, super heroes with astronauts, construction workers with firefighters adds a freedom that is especially fun for two players.

KRIS ABEL

3 songs for the weekend



SOUND CHECK
Alan Cross
scene@metronews.ca

This week's recommendations are beyond being merely international



15 Minutes Older /Carsick Cars

The People's Republic of China's greatest alt-rock exports have a new album entitled 3 coming next month. They may be from Beijing, but they sound like they could be from New York.

Catch Me If You Can/ BABYMETAL

To arrive at the solution, apply the following formula is applied: (Japanese schoolgirls x 3) + death metal - irony = BABYMETAL.



Always Forgetting You/ Spiritualized

The already-spacey dreamy British psych rockers were invited to compose a song using data from the Voyager 1 and 2 space probes that's been converted into audio. Part of an upcoming Record Store Day compilation.

\$3 million US sought

Chris Brown accused of punching someone in the face again, but this time he gets sued

A man who says he was punched in the face by singer Chris Brown and his bodyguard during an altercation outside a Washington hotel is suing for \$3 million US.

The civil lawsuit filed Tuesday in Superior Court in Washington seeks \$1.5 million from each man. The lawsuit filed by lawyers for Parker Isaac Adams says that Adams' nose was fractured and he had other injuries to his head and face as a result of being punched.

Adams said in a telephone interview Thursday that he is seeking to recover money for his medical bills which include visits to a plastic surgeon and a breathing specialist.

THE ASSOCIATED PRESS

GAS STATION ARTS CENTRE PRESENTS

WPG COMEDY FESTIVAL

April 7 to 13, 2014

Laugh yourself to death.

TICKETS AVAILABLE AT
www.winnipegcomedyfestival.com
or 204-284-9477

TELEVISION GALAS RECORDED BY: **LEAF**

FESTIVAL SPONSOR: **MANITOBA LIQUOR & LOTTERIES**

CBC **Fairmont WINNIPEG** **Winnipeg Free Press** **M** **Assiniboine** **Culinary**

GUPPY **VISUAL LIZARD** **WINNIPEG ARTS COUNCIL** **Manitoba** **Canadian Heritage** **Palmolive Canada**

SHOW & SAVE

DISCOUNT CARD & COUPON BOOK

ONLY \$20!

Includes \$60 in Savings at **REAL CANADIAN Superstore**
big on fresh, low on price.

Plus over \$10,000 in money saving coupons!

SPECIAL OFFER!
Buy 2 Books and Get a 3rd Book FREE!

*Valid only at the Show & Save office. Coupon must be presented at the time of purchase. While quantities last. Not valid with any other offer.
CASH ONLY. Offer expires February 28, 2014.

VISIT **club metro .com** TO ENTER **Enter to win one of over 100 Show & Save Coupon Books!**

SHOW & SAVE BOOK OF SAVINGS

Visit our website to WIN GREAT PRIZES!
www.showandsave.ca

Unit 216-530 Century Street | 204-477-4216 | www.showandsave.ca

Canuck drama to Remedy your TV blues

Medical mayhem meets family strife.

Star Enrico Colantoni says show brings a different dynamic to a tried-and-true genre

Family problems collide with hospital chaos in Global's new series *Remedy*, a Toronto-set hospital drama that star Enrico Colantoni says puts a new spin on the well-worn genre.

The former Flashpoint lead plays a hospital boss and loving patriarch in his role as acting chief of staff Dr. Allen Conner, who oversees a white-coat crew including youngest daughter/surgeon Dr. Melissa Conner, eldest daughter/intensive care unit nurse Sandy Conner and her doctor fiancé, Brian Decker, and prodigal son/hospital porter Griffin Conner.

"That's what makes this show unique and fresh and different than other medical dramas," Colantoni said in a recent interview alongside co-star Dillon Casey, who plays the floundering Griffin.

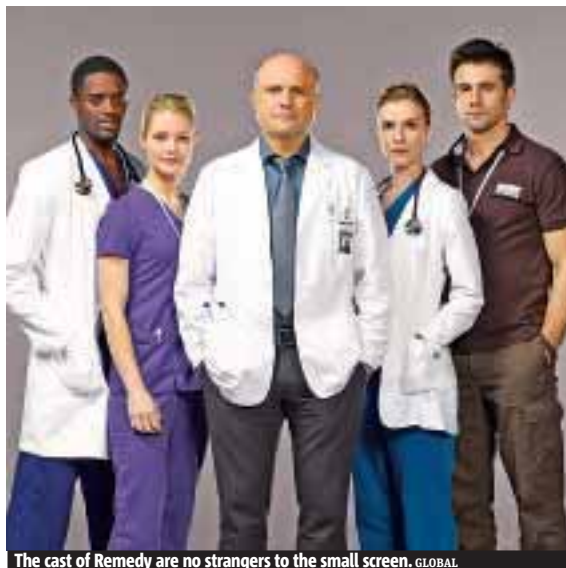
No Grey areas here

"You watch Grey's Anatomy and they always refer to themselves as, 'We're family,' but this is actually family — with all the ugliness of family. It's not all pretty." Enrico Colantoni, actor,

on the differences between *Remedy* and one of its competitors

"There's a dysfunction and the dynamic of that family inside this world that I don't think I've ever seen on TV. You watch Grey's Anatomy and they always refer to themselves as, 'We're family,' but this is actually family — with all the ugliness of family. It's not all pretty." Those conflicting duties play out in a myriad of ways, he continues, pointing to one early storyline in which Sandy, played by Murdoch Mysteries actress Sarah Allen, willingly defies hospital policy.

"But she's got her dad who's going to either hold her accountable or not," notes Colantoni, also known for playing



The cast of *Remedy* are no strangers to the small screen. GLOBAL

dad/private investigator Keith Mars on *Veronica Mars*.

"If it was just another medical drama, the chief of staff would hold her accountable or maybe they'd have a love relationship or something that would complicate it. But we're dealing with my daugh-

ters messing up — not just any nurse. My son is coming back, my other daughter is messing up, these are things that you get in a family drama that you don't otherwise get in a medical drama." That's not to say there isn't the standard trauma-of-the-week.

Allen says those juicy tales abound, but the patient stories tend to serve a larger theme by mirroring the emotional or psychological turmoil going on within the family.

"And so often the patient will end up being the one who cures the doctor or the nurse or the orderly or whoever," Allen says in a separate interview alongside *Vampire Diaries* actress Sara Canning, who plays Melissa. "We affect each other — everyone who enters the hospital affects one another."

As a general surgeon, Canning's character Melissa gets some of the bloodiest scenes, with the actress joking that she's "sticking (her) hands in prosthetic livers all the time."

"Now I'm kind of obsessed with organs, I think, in a strange way. In a healthy, TV way," chuckles Canning, adding she'd be interested in witnessing a real surgery one day.

Pains were taken to present treatments accurately — Canning says shooting involved "surgical rehearsals" and carefully choreographed movements to realistically mimic what a real surgeon would reach for and do when pre-

sented with a patient.

But the scripts are not slaves to detail, adds Allen, whose mother and aunts were nurses and whose friend is an ICU nurse like Sandy.

"You have to be fluid in your storytelling to make it a good story," Casey, who was on the verge of moving into a new place in Los Angeles when he was lured north by *Remedy*, says he could easily relate to growing up in a competitive family. The Oakville, Ont.-bred *Nikita* star says his dad was a urologist. As a result, Casey grew up familiar with a particular type of medical lingo.

"I heard the word catheter a lot, I'm not even joking," Casey says as Colantoni cracks up beside him. Colantoni says the nitty gritty of doctor duties doesn't really interest him, noting he didn't bother spending much time in hospitals to observe professionals at work. It's the show's writing and the characters that will sell the series, he says, and that's what he focused on. "The things that motivate people — those things I was interested in."

Remedy debuts Monday on Global. **THE CANADIAN PRESS**

A HEALTHY FUTURE IS A BRIGHT FUTURE FOR YOUR CHILD

AT SHINE DENTAL

The development of your child's health and wellness is of the utmost importance. Shine Dental believes that taking preventative measures in your child's oral development at an early age can help prevent future developmental disorders.

Shine Dental screens children for obstructive sleep apnea (OSA) and tem-

poromandibular joint disorders (TMJ) to improve your child's quality of life. Both disorders are frequently under diagnosed, especially in children.

Watch the development of your child carefully. If your child breathes primarily through their mouth, displays crowded teeth and snores or grinds their teeth at night, Shine Dental would highly recommend a visit for a free consultation.

If left untreated, OSA and TMJ may

lead to future developmental disorders. If your child exhibits any of the following behaviours, please book an appointment as soon as possible:

- daytime sleepiness and irritability
- hyperactivity
- attention deficit hyperactivity disorder (ADHD)
- learning difficulties
- earaches
- snoring

- crowding of the teeth
- headaches

Shine is dedicated to healthy lives right from the start. That's why Shine Dental emphasizes the importance of preventing children's OSA and TMJ. Don't wait until it's too late. Call to book your free consultation with Shine today.

A healthy future is definitely a bright future.

For more, please visit shinedental.ca.

WE CAN HELP
BRING THEIR
SMILES BACK



DON'T WAIT UNTIL
IT'S TOO LATE TO TREAT
SLEEP AND JAW DISORDERS!

CALL 204.477.4463 TO BOOK
YOUR FREE CONSULT TODAY

shine dental

SHINEDENTAL.CA | 360 MAIN ST, SUITE 2000



Victoria Beckham ALL PHOTOS GETTY IMAGES

Posh ready to Spice up middle-class fashion

Posh Spice is getting decidedly less posh, all in the name of brand expansion. Victoria Beckham is reportedly going to start making clothes for the common folk, according to Radar Online. "Victoria has decided to branch her label out of its very upmarket roots," a source says. "She'll finally be able to crack the mid-range department store market that has made millions for stars like Jessica Simpson." Yes, but will she be able to look at herself in the mirror? "It took Victoria a while because she can be so stuck up about every-

thing," the source explains. "But she's finally admitted to herself and her team that she'd like to conquer a store such as Macy's and not just be known for high-end clothing." In an interview with Metro last year, Beckham acknowledged that her role as a fashion designer is to "empower" women. "I'm proud of what I've achieved with my team and with how my business is growing," she told us. "I'm glad that I can make women feel empowered. Because that's ultimately why I do what I do."



Jennifer Lawrence

Those good rumours about 'lovely' Lawrence are true

All the reports about Jennifer Lawrence being completely down-to-earth and relatable are apparently on the up and up. Clarista Hoult, sister to Lawrence's boyfriend Nicholas Hoult, tells Heat magazine that the Oscar-winner

is "lovely" and "really easy to talk to" in real life. "She doesn't seem like a Hollywood type. She just (fits) in," Clarista tells the magazine. "We didn't talk about work. We talked about what was on the TV."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Empathetic Franco worried about the shape Shia is in

Well, this was inevitable. As Shia LaBeouf contends with responses to his "performance art" piece from last week, #IAMSORRY, fellow actor and high-brow aspirant James Franco has taken to the New York Times Op-Ed page to voice his opinion on the matter. "Though the wisdom of some of his actions may seem questionable, as an actor and artist I'm inclined to take

an empathetic view of his conduct," Franco writes. "This behaviour could be a sign of many things, from a nervous breakdown to mere youthful recklessness. For Mr. LaBeouf's sake I hope it is nothing serious." Franco recounts his own decision to join the daytime soap opera General Hospital, as a means "to undermine the tacit—or not so tacit—hierarchy of entertainment," before concluding: "I think Mr. LaBeouf's project, if it is a project, is a worthy one. I just hope that he is careful not to use up all the good will he has gained as an actor in order to show us that he is an artist."



Selena Gomez

'Heartbroken' Gomez puts a target on Miley's back

Selena Gomez is apparently out for blood after hearing about Miley Cyrus' rumoured hook-up with Justin Bieber — and she's bringing in backup. According to Life & Style, Gomez has enlisted the help of pals Taylor Swift and Demi Lovato to enact her revenge. "All four girls used to be friendly, but when Selena heard Miley started making moves on Justin, it went downhill," a source says. "Both Taylor and Demi know

how heartbroken Selena has been, and they hate what Miley did to her." Gomez's camp has reportedly started freezing Cyrus out of lucrative appearances and "trash-talking" her to anyone who will listen around Hollywood, while Cyrus herself is said to be taking steps to keep her distance. "She checks in with club owners and event planners to make sure those girls won't be around," a source says.

Twitter



@lenadunham

I like to play a game in macrobiotic restaurants. It's called "homeless socialist or Patti Smith?"



@billmaher

That preacher who died when the snake he was handling bit him? Combines the 2 things I hate most in life: religion and prop comedy



@SteveMartinToGo

Nothing's on.

3 LIFE

Liquid Assets

Rhône rules



LIQUID ASSETS
Peter Rockwell
@therealwineguy
Facebook: therealwineguy
liquidassets@eastlink.ca

With French wines on the comeback trail, one region in

particular has found a place in the hearts and mouths of wine lovers.

Though the Rhône valley is not as flashy as Bordeaux and Champagne or as mysterious as Burgundy, its wines combine Old World charm with New World drinkability.

The southern France valley is divided into two parts. In the north the wines get their fuller flavours thanks to the dominance of the syrah grape. The lighter wines in the south are ruled by grenache, a major influence on the region's most famous wine, Châteauneuf-

du-Pape.

Père Anselme's 2011 La Fiole Côtes-du-Rhône (\$14.99-\$18.99) is 85 per cent grenache. Its smooth blend of blackcurrant, licorice and bright berries comes wrapped in Anselme's famous crooked bottle.

A Côtes-du-Rhône is one of the few reds I think pairs well with a meaty bowl of chili. Try it with winter stews, sausage-based dishes and roast turkey dinners as well. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Looking for a savoury and a sweet to put on the table pronto? Bestselling Australian chef Donna Hay shows us how with recipes from her cookbook *Fast, Fresh, Simple*.

Stir-fried shrimp fill out an omelette nicely



FAST, FRESH, SIMPLE
Donna Hay
gustotv.com

Ingredients

- 2 teaspoons sesame oil
- 2 eggs, lightly beaten
- 1 tablespoon vegetable oil
- 2 teaspoons grated ginger
- 1 long red chilli, finely sliced
- 4 green onions (scallions), finely sliced
- 10 large green (raw) prawns (shrimp), peeled and cleaned
- 4 cups cooked jasmine rice
- soy and chilli sauces, to serve

1. Heat a non-stick frying pan over medium heat. Add half the sesame oil and half the egg and swirl to coat the pan.

2. Cook for 1 minute or until the egg has set. Remove from pan, set aside and repeat with remaining egg and oil.

3. Heat the frying pan over high heat. Add the vegetable oil, ginger, chilli and onion

and cook for 1 minute.

4. Add the prawns and cook for 3 minutes.

5. Add the rice and cook for 2-3 minutes or until warmed through.

6. Place the omelettes on serving plates and spoon over the rice mixture. Drizzle with soy and chilli sauces to serve.

WATCH DONNA HAY FAST, FRESH, SIMPLE MONDAY TO THURSDAY AT 6 P.M. EST ON GUSTO TV, CANADA'S NEW FOOD & LIFESTYLE CHANNEL. VISIT GUSTOTV.COM FOR FULL PROGRAM LINE-UP AND MORE GREAT RECIPE IDEAS.

GustoTV

Australian chef Donna Hay is one of the great culinary masters airing on GustoTV. One of Canada's newest TV channels, Gusto features cooking and culinary travel shows each night, hosted by chefs and foodies from around the world, as well as here at home. For more details, check your local listings or visit gustotv.com.



This prawn-fried rice dish serves two. DONNA HAY

Peachy-keen on crumble

DONNA HAY
gustotv.com

1. Preheat oven to 200°C (400°F). Roll out pastry between 2 sheets of non-stick baking paper into a rough round about 5 mm thick.

2. Place the pastry on a baking tray lined with non-stick baking paper. Spread the pastry with the jam leaving a 5 cm border. Top the jam with the peaches. Fold over the pastry to form a rim.

3. To make the crumble topping, combine the butter, almonds, flour, sugar and cinnamon. Sprinkle in clumps over the top of the peaches.

4. Bake for 25 minutes or until pastry and the crumble top are golden. Serve warm with vanilla ice cream.

Ingredients

- 350 g store-bought or homemade sweet shortcrust pastry
- 3 tablespoons apricot jam
- 3 peaches, sliced
- vanilla ice cream, to serve
- Crumble topping**
- 40 g butter, softened
- 2 tablespoons slivered almonds, finely chopped
- ¼ cup (35g) plain (all-purpose) flour
- 2 tablespoons caster (super-fine) sugar
- ½ teaspoon ground cinnamon

EATING WELL NEVER TASTED SO GOOD



**FIND A
LOCATION
NEAR YOU:**

www.perkinsrestaurants.com

Double duty calls if space is tight

Accessorize with objects you can use. Multi-purpose furnishings are the key to living large in a small space

Decorating with a purpose allows homeowners to maximize the space in a small home.

When every square foot is at a premium in a condo, apartment or house, it's important to make sure even the decorative accessories have a use.

"Minimize useless objects," says Angela Robinson, a Vancouver interior designer. "I know especially in residential design homeowners tend to buy a lot of decorative objects thinking it will make their home feel cosy and more complete, but I think you can achieve that same look and feel by purchasing useful objects that also look pretty."

Robinson suggests using sculptural or dramatic salt and pepper shakers in a kitchen instead of buying pieces that take up space without serving a purpose.

Making a small space efficient also requires looking at the overall surfaces of a home differently. Robinson says homeowners need to look at vertical spaces as opportunities for storage and organization.

"I personally live in a smaller space (my place is about 700 square feet), and one thing I found really helpful for my organization and storage is to maximize my wall and vertical space," she says. "Inside my cupboard doors I have hung all



Poufs add a fun, playful element to a small space while serving as extra seating or foot stools. COURTESY JANIS NICOLAY

my pots and pans so they are accessible and I don't have to stack everything."

According to Ottawa interior designer Laura Boisvert, homeowners often either fill their small space with too much furniture or not enough.

Boisvert says the most common problems her clients face is around not enough storage and seating.

"Either they are afraid that if they add more it will make it feel small, or because they need more storage or seating they purchased furniture that shouldn't belong," she says. "You have to find a balance and the best way to do this is with pieces of furniture that serve multiple purposes."

Both Boisvert and Robinson say there are various options for homeowners looking to purchase furniture that does double or triple duty. From ottomans with self-contained storage to coffee tables with drawers and shelves, Boisvert suggests looking for furniture to maximize a small space.

While having furniture and decorative items that serve a purpose is key to an efficient small space, Boisvert says paint and lighting can also help make it appear larger.

"Lighter colours recede so they make the space appear larger," she says. "Lighting is also important to any space especially a smaller one. If you have a really dimly lit space with little lighting it

will feel cave-like, darker and smaller than if you have

lots of nice lighting."

THE CANADIAN PRESS

Bigger is better

Instead of filling a small space with many small objects, Angela Robinson recommends using larger bold art and furniture.

- "I think a lot of people think because they are in a smaller, tighter space they should bring in appropriately scaled furniture, artwork and accessories, and I don't necessarily agree with that," she says.
- "I think often with small spaces going with larger-scale or bigger pieces of artwork and accessories along with bolder pieces of furniture, you can actually make a space feel more dramatic and larger than if you were to fill a space with small dainty objects. It's just visually more calming if you bring in fewer larger items than many smaller items."

WE DELIVER!

1 EXTRA LARGE 3 TOPPING PIZZA FOR \$15.99

PICK UP & DELIVERY
3pm - 3am
MON-SAT: 3pm - 3am
SUNDAY: 3pm - 1am

Club House Crispy Chicken & Wings

Party Pack \$39.99
• 2 Medium 12" Pizzas up to 3 Toppings
• 7 Pc. Chicken • 5 Chicken Fingers
• 18 Wedges • Coleslaw • Ranch Dressing
• 1 FREE ADD-ON

204-284-1212
www.clubhousepizza.ca

Now Open!

The Blue Marble
RESTAURANT & LOUNGE

Featuring Tapas-style cuisine made with local ingredients

Located in the Grand Winnipeg Airport Hotel
Parking in the airport parkade validated
1979 Wellington Avenue | 204.594.1967

WIN DINNER & A NIGHT AT THE GRAND

Full contest details and terms and conditions at clubmetro.com



MKS — \$49,300



MKZ — \$39,600

LINCOLN'S DRAMATIC DESIGN

Many luxury automakers are busy extending their vehicle lines into very non-traditional markets, specifically the entry-level market.

The Mercedes-Benz CLA is one of the coolest, along with the upcoming Infiniti Q30, which looks a bit like a melted Mazda CX-5. Not to be outdone, Lincoln is working on its MKC that will take its place below the MKX in the lineup.

While this is underway, the rest of the Lincoln line is in a state of arrested development for 2014 with the MKZ being the last one to the party.

When Lincoln dropped the sheet on the production version of its new MKZ, there were surely plenty of people who wondered if they had left the concept up on the stage instead. On sale in model year 2013, the signature "waterfall" grille was replaced by a series of horizontal bars.

But for real design drama you can't beat the sweep of the roofline that flows well past the rear-most roof pillar, almost to the trailing edge of the body. The car's massive windshield and rear window



NAVIGATOR — \$76,300

glass, including the optional retractable panoramic sunroof, makes it doubtful passenger claustrophobia will pose a problem.

Inside is an ultra-sophisticated leather-covered and wood-trimmed interior plus a floor console extending seamlessly almost the full length of the cabin. In back, optional inflatable seatbelts for outboard riders cushion their heads and necks in the event of frontal crash.

In the suspension department, continuously adjustable shock damping, power-assisted electric steering, variable transmission-shift-mapping plus traction and stability control all combine to form Lincoln Drive Control. The result, says

BASE PRICES (INCLUDING DESTINATION)

CONTACT YOUR LOCAL DEALER FOR THE MOST CURRENT PRICES IN YOUR AREA.

MKS: FULL-SIZE SEDAN — \$49,300

MKT: FULL-SIZE WAGON — \$51,750

MKX: FULL-SIZE CROSSOVER — \$46,400

MKZ: MID-SIZE SEDAN — \$39,600

NAVIGATOR: FULL-SIZE SUV — \$76,300

Lincoln, is improved ride and handling in Normal, Sport, or Comfort modes, as selected by the driver. A push-button gear selector next to the gauges replaces the traditional floor shifter.

Powerplant choices consist of a 240-horsepower, 2.0-litre four-cylinder EcoBoost (turbocharged) four-cylinder. Optional is a 300-horsepower, 3.7-litre V6 that Ford installs in vehicles as diverse as the Mustang two-door and F-150 pickup.

MKZ returns in an available gasoline-electric Hybrid model that's fitted with a 141-horsepower, 2.0-litre four-cylinder combined with an electric motor. The net output is 188 horsepower. The turbo and

the V6 come with six-speed transmissions that send torque to the front, or both sets of wheels if all-wheel-drive has been specified on the order form.

The front-wheel-drive-only Hybrid uses a continuously variable transmission. Amazingly, the hybrid's fuel-economy ratings of 4.0 l/100 km in the city and 4.0 on the highway handily beat out the 9.2/5.9 rating posted by the so-called EcoBoost. The MKZ can be had with numerous crash-mitigating safety systems that prevent your participation in rear-end mishaps and keep you within your intended lane. Interestingly, the Hybrid and EcoBoost models can be had for the same starting price. — *Wheelbase Media*



MKT — \$51,750



MKX — \$46,400

LANDAU LINCOLN



Outdrive winter.

Summer seems closer from the seat of a Lincoln.

2013 MKX AWD

CASH PURCHASE FOR ONLY

\$43,988

Offer excludes freight and air tax of \$1,700. Offer includes \$6,750 in manufacturer rebates. Offer excludes taxes. Package **

MKX AWD offers:

- LEATHER HEATED/COOLED FRONT SEATS AND HEATED REAR SEATS
- MYLINCOLN TOUCHSM WITH 8" LCD TOUCH SCREENSM
- INTELLIGENT ALL-WHEEL DRIVE

2013 MKZ → MKZ HYBRID

CASH PURCHASE FOR ONLY

\$38,832

Offer excludes freight and air tax of \$1,700. Offer includes \$4,750 in manufacturer rebates. Offer excludes taxes. Package **



LINCOLN MAINTENANCE PROTECTION PLANSM

INCLUDED WITH THE PURCHASE OR LEASE OF
ANY NEW LINCOLN MODEL.

2 years or 40,000 km on all required scheduled maintenance, as per the vehicle's Owner's Guide, plus these 6 wear items:

- Brake rotors
- Brake pads & linings
- Wiper blades
- Shock absorbers
- Engine belts, hoses & hose clamps
- Spark plugs

LincolnCanada.com

Landau Lincoln Sales Limited

555 Empress St, 1 block east of Polo Park
204-772-2411 | www.landau.ca



THE LINCOLN
MOTOR COMPANY

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offer. Offer only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Lincoln Dealer for complete details or call the Lincoln Customer Relationship Centre at 1-800-367-8000. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPM/CPK or Daily Rental incentives, the Commercial L/R Program or the Commercial Fleet Incentive Program (CFIP). **Some mobile phones and some digital media players may not be fully compatible with SYNCSM. Check www.syncrds.com for a listing of mobile phones, media players, and features supported. Driving while distracted can result in loss of vehicle control, accident and injury. Certain MyLincoln TouchSM functions require compatible mobile devices. Some functions are not available while driving. Only use mobile phones and other devices, even with voice commands, when it is safe to do so. †Between 1/10/2014 and 2/29/2014 (the "Offer Period"), receive a Lincoln Maintenance Protection Plan (LMPP) with the purchase or lease of a new 2013 Lincoln model at participating Lincoln dealerships. LMPP includes all required scheduled maintenance (as per each vehicle's Owner's Guide) for 2 years or 40,000 km, whichever occurs first, (the "Term"), plus coverage for 6 wear items (Brake pads and linings, Brake rotors, Engine belts, hoses and hose clamps, Shock absorbers, Spark plugs, Wiper blades) for the same Term, as required, due to normal wear or defect. Limit five (5) required scheduled maintenance service visits over the Term, based on a 6 month / 8,000 km interval. LMPP offer becomes non-transferable at a sale if the vehicle is sold. Offer is not ratchetable. ‡The Lincoln MKZ received the highest numerical score among compact premium cars in the proprietary J.D. Power 2013 Automotive Performance, Execution and Layout StudySM Study based on 33,442 total responses from new-vehicle owners of 293 models, and measures opinions after 90 days of ownership. Proprietary study results are based on experiences and perceptions of owners surveyed in February-May 2013. Your experience may vary. Visit jdpower.com. ©2014 Ford Motor Company of Canada, Limited. All rights reserved.



Jennifer Jones and Kaitlyn Lawes rest their heads on each other as they stand on the podium with Jill Officer (second from left) and Dawn McEwen after defeating Sweden to win the gold medal in the Olympic curling final in Sochi, Thursday. ADRIAN WYLD/THE CANADIAN PRESS

Stone gold Jones best in the world



Curling. Undefeated skip's gamble in the 9th vs. Swedes places her among best of all time

As Jennifer Jones crouched in the hack, cleaning the rock in advance of her last throw, she was already cracking a grin.

As the stone made its way down the ice, the smile got even broader. And when the rock reached the other end, the beaming Winnipeg skip was jumping for joy.

Olympic champion. Perfect record. Money in the bank.

Jones, third Kaitlyn Lawes, second Jill Officer and lead Dawn McEwen defeated Sweden's Margaretha Sigfridsson 6-3 on Thursday in a tense final decided by Canada's steal of two in the ninth. Only then were the Canadian women able to relax and bring out the smiles that have been their Olympic trademark here. "We're Olympic gold medalists," said a jubilant Jones,

wearing the same gold eye shadow she favoured in Wednesday's semifinal. "It's something that you dream of for your entire life. It's what every athlete wants to do and we did it today.

"And we did it in a way where we played so consistent all week. On the biggest stage for sport, we came out and played our best. And I'm so, so proud of us."

The win at the Ice Cube Curling Center improved Canada's record at the Games to 11-0, matching Canadian skip Kevin Martin's feat of winning the 2010 Olympic crown without a loss.

Feeling it

"It was a little bit of a gamble but I felt so good with the speed all week and the girls have just swept and judged it perfectly.... If it stops a foot higher it's no good at all.... So no guts, no glory."

Canada skip Jennifer Jones on the pressure shot she nailed with her last rock of the ninth to tie two versus Sweden

Jones, 39, has now added Olympic gold to the world championship she won in 2008 as well as four Canadian titles.

It's Canada's second women's curling gold. The late Sandra Schmirler won the first in Nagano, Japan, in 1998.

The performance will trigger debate of where Jones belongs in the women's curling pantheon.

One of the greatest of all time?

"I would completely, 100 per cent agree.... Probably one of the best skips to ever play the game," said the 38-year-old Officer, who

has been at Jones' curling side for 20 years.

"Best in the world," added the 25-year-old Lawes. "She's an amazing, amazing talent in our sport. And as a person, she's an amazing human being. I've never met anyone kinder."

Her teammates credit Jones for motivating them and making them better curlers. They cite her determination, leadership and ability to think outside the box.

"I would never want anyone else throwing that last rock. I have 100 per cent confidence in her every single shot she throws," said Lawes.

Tears flowed among the Canadian curlers after the win, both on the ice and at the post-event news conference.

THE CANADIAN PRESS

Long time coming

Jones has had to wait for her Olympic experience.

- She failed to secure an Olympic berth in both 2006 and 2010, doing TV work in Vancouver instead.
- Shannon Kleibrink won bronze in 2006 in Turin while Cheryl Bernard earned silver four years ago.
- Team Canada coach Mike Babcock was in the stands to witness the Canadian gold medal win Thursday, as were several members of the Swedish hockey team.
- Britain's Eve Muirhead, the 2013 world champion, defeated Switzerland's Mirjam Ott 6-5 for the bronze medal earlier in the day.



Red, white and gold

Women's hockey.

Canada wins fourth straight Olympic title with comeback win over U.S. capped in OT

Once again, Marie-Philip Poulin's heroics put Canada on top of the women's hockey podium at the Winter Olympics.

Poulin's goal at 8:10 of overtime gave Canada a 3-2 win over the archrival Americans in the gold-medal final at the Sochi Winter Games on Thursday.

It was her second goal of the game after she tied the score with just 55 seconds left in regulation.

"I don't know what to say, it's so surreal and a dream come true again," she said.

It's a historic fourth straight gold medal for Canada. The only other women's team to win more consecutive Olympic gold is the U.S. in women's basketball with five in a row from 1996 to 2012.

Poulin was a heroine of Canada's gold in Vancouver four years ago. She scored twice in a 2-0 win over the Americans.

"It doesn't feel real yet but I'm an Olympic gold medalist," said Canadian defenceman Jocelyne Larocque.

The dramatic win came for a Canadian team that has faced adversity in recent months with their coach Dan Church resigning in December and Kevin Dineen taking over just weeks before the Sochi Games.

The Canadians took to Dineen right away and he kept them calm Thursday.

"He was so confident in us, going into overtime our



Team Canada celebrates its overtime win in the women's gold-medal hockey game in front of Anne Schleper of the U.S. on Thursday in Sochi, Russia. Canada won 3-2. ADRIAN WYLD/THE CANADIAN PRESS

coach just told us to be calm and play our game," said Poulin. "He totally believed in us."

The Canada-U.S. rivalry is a bitter one with the teams coming to blows in exhibition games played in the lead-up to Sochi. Canada had lost four straight coming into the Olympics but won when the teams squared off in the round-robin earlier in the Games.

"I'm proud of the fight that we put up for the whole game," said American captain Meghan Duggan. "I'm proud to wear this jersey always, no matter if win or lose."

"It's not the result we

Golden dynasty

With four straight gold medals in women's hockey, Hayley Wickenheiser, Jayna Hefford and Caroline Ouellette joined Soviet biathlete Alexander Tikhonov and German speedskater Claudia Pechstein as gold medallists in four consecutive Winter Games.

wanted," she added, her voice breaking and tears starting to flow.

Trailing 1-0 after two periods and down two goals deep

into the third, Canada scored twice in the final 3:26 of the regulation and suddenly the gold that had been slipping away was within reach again.

"It was a hard game," said Canadian veteran Hayley Wickenheiser. "We came back, we never quit, and we believed in ourselves."

Canada's Brianne Jenner halved the deficit at 16:34 of the third with a shot that deflected off of U.S. defender Kacey Bellamy's knee and over goalie Jessie Vetter.

With Shannon Szabados pulled from Canada's net for an extra attacker, forward Kelli Stack's attempted empty-

Divine intervention

"Thankfully, there's a god, it hit the post and we were able to keep the puck alive and still have a one-goal deficit."

Canadian captain Caroline Ouellette on the Americans nearly scoring into an empty net late in regulation.

netter that would have sealed the gold for the Americans hit the post.

Meghan Duggan and Alex Carpenter were the goal scorers for the U.S.

THE CANADIAN PRESS

Skinny red defender

Mere inches cost U.S. gold medal

Wearing a stars and stripes bandana, Kelli Stack patiently answered reporters' questions and then walked away when her media duties were done.

She could not get two feet before the tears started.

With Canada down 2-1 and having pulled its goalie late in the Olympic women's hockey final Thursday, the U.S. forward had a long-range shot at the empty Canadian net.

It seemed destined to go in the gaping goal but instead rang off the right post with 1:26 remaining. Marie-Philip Poulin scored 31 seconds later and Canada, thanks to another Poulin score, went on to win in overtime.

Stack was left to wonder what might have been in a thrilling showdown between the two heavyweights of the women's game.

At the time, "I was thinking, 'Oh that would have been nice if that went in, an inch to the right,'" Stack said. "We were still up a goal so I'm like, 'It's not that big of a deal.'"

Less than a minute later, the 26-year-old from Brooklyn Heights, Ohio, had a different thought. "After they tied it up I thought to myself, 'I've done that once before in my career in college and it's the worst feeling in the world.'"

The shot attempt came about after the linesman got in Canadian defenceman Catherine Ward's way, allowing Stack to clear the puck from just inside the U.S. blue-line.

THE CANADIAN PRESS

Value

Auto Center

Sales, Service & Leasing

Financing for All Levels of Credit!

204-943-8843 • valueautocenter.ca • Corner of Nairn & Watt

Why shop anywhere else, when 'Value' is our first name

2006 Chevy Monte Carlo LT



\$7,795

Mint Condition

2011 Chevy Aveo LT



\$9,995

38,000 Km's

2006 Pontiac Torrent



\$6,895

AWD- Leather- Sunroof

2005 Nissan XTrail



\$9,995

AWD, Fully Loaded

CarProof
VEHICLE HISTORY REPORTS

It's the semifinal countdown

Deh-neh-neh-neh, deh-neh-neh-neh... Rematch the hockey world's been waiting for promises to settle a few scores

More than 19,000 kilometres separate Vancouver and Sochi, and four years have passed since Sidney Crosby scored his golden goal.

Team Canada and the United States meet again at the Olympics on Friday, but almost everything — from the size of the rink to the expectations and the stage — has changed since their last meeting at the 2010 Games.

Most importantly, it's not for the gold medal but rather a spot in the final.

"It seems like we were on a crash course to meet those guys," U.S. centre David Backes said. "And we get them in the semifinal instead of the final, which would have been a little more storybook." Throw out



Left: Canadian players Sidney Crosby, from left, Jonathan Toews and Jeff Carter share a laugh at practice on Thursday in Sochi. ADRIAN WYLD/THE CANADIAN PRESS
Right: Phil Kessel has been stellar for the Americans, scoring five goals while playing with Zach Parise. PETR DAVID JOSEK/THE ASSOCIATED PRESS



the storybook and throw out history. Based strictly on a tournament the Americans have rolled through, they look like the favourites against Canada for the first time at the Olympics since NHL players began participating.

Only Backes and his U.S. teammates are embracing the underdog role and trying to deflate high expectations, while Drew Doughty and Canada

want to pump themselves up.

"We don't see ourselves as the underdog," Doughty said. "I think both teams are really evenly matched. I don't know who I would give the upper hand to at this point. But I'm obviously more confident in my team than theirs."

Confidence was brimming from both sides a day before meeting with a chance to clinch a spot in the gold-medal game against Sweden or Finland.

It's easy to see where it's coming from for the Americans, who have outscored opponents 20-6 through four games. While Canadian coach Mike Babcock pointed out that it has been "easy" for the U.S. to score, mostly against Slovakia, Slovenia and the Czech Republic, Backes doesn't see it that

way.

"I don't think it's come easy at all, we've had to work for everything we've gotten, second chances, rebounds, dirty goals," he said. "Everything we've gotten we've worked for and we plan to work for everything we're going to get in the future."

U.S. coach Dan Bylsma said there's no "secret" to what his team has done to lead the tournament in scoring. The win over Russia featured two power-play goals, and the rest of the production has been spread around, whether it be Phil Kessel's five goals in pretty fashion or Dustin Brown's two with some grease on them.

Still, Bylsma doesn't want his team to try to go chance-for-chance with the deep Can-

adians.

"They have more skill and they're a deeper team but we're a harder team to play against," Bylsma said. "We're going to match up and go toe-to-toe with them that way."

The feeling around the pre-tournament favourite Canadians is that even after scoring just 13 goals through four games, more are bound to come if quality opportunities keep

piling up.

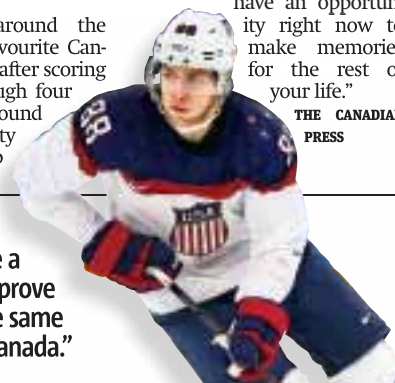
"I think we're going to get more opportunities than we've been getting," said Matt Duchene, who will replace the injured John Tavares in Canada's lineup. "I know it's only a matter of time before the dam bursts and we start scoring a lot of goals."

If Canada scores goals at the pace its players do during an NHL regular season, there's no way the U.S. can keep up. That's one thing the Canadians are hoping for by not playing a European team — that this will be a bit more of a North American-style game.

But, again, this is not Vancouver. The ice is still 15 feet wider at Bolshoy Ice Dome than it was at Rogers Arena four years ago, meaning it cannot possibly be the exact same brand of hockey that produced that legendary gold-medal game. "2010's all over with," Team Canada coach Mike Babcock said. "We're at a new opportunity both for them and for us. The teams are different. You

have an opportunity right now to make memories for the rest of your life."

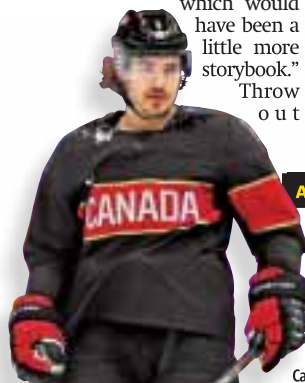
THE CANADIAN PRESS



U.S. and them

"I think we have a chance to try to prove that we're in the same sentence with Canada."

U.S. forward Patrick Kane



Another gear?

"Against a North American team, I think this is where we really pick it up and show how we can score."

Canada defenceman Drew Doughty

It's not just a medal. It's a way of life.

Go Canada Go

Gillette

THE BEST A MAN CAN GET



Sotnikova emerges from veteran field as Olympic champ

Figure skating. Russian teen gives her country its first gold medal in women's singles

Adelina Sotnikova turned her final spin, then burst into tears.

Sotnikova wasn't even Russia's top-ranked teenager in Sochi but the unheralded skater slayed a field full of veterans Thursday, to give Russia its first-ever Olympic gold medal in women's singles.

"This is the happiest day in my life," Sotnikova said. "I simply stepped on the ice today and realized how much I like what I'm doing and skated really good."

The 17-year-old from Moscow, who finished well back in ninth at the world cham-

Osmond places 13th

Kaetlyn Osmond, who had a shaky short program, fared better in the long, scoring 168.98 points.

- Osmond, Newfoundland's first female Olympian, played to the crowd with her program to Cleopatra, falling once on her triple toe loop in an otherwise clean skate.

aiming to become the first singles skater since Katarina Witt (1984, 1988) to win consecutive Olympic titles.

Carolina Kostner of Italy won the bronze with 216.73 points.

"It's the Olympics," said Sotnikova. "And it was a long way for me. To compete at the Olympic Games, I dreamed of any medal, but frankly speaking, I wanted a gold one."

Kaetlyn Osmond of Marys-town, N.L., was the top Canadian in 13th while Gabrielle Daleman of Newmarket, Ont., was 17th.

The Russians won three figure skating gold medals at these Olympics: Team, pairs and women's. Canada won three silver — Patrick Chan in men's singles, Tessa Virtue and Scott Moir in ice dance, and team. **THE CANADIAN PRESS**



Adelina Sotnikova of Russia reacts after completing her routine in the free skate of the women's figure skating event on Thursday in Sochi, Russia. IVAN SEKRETAREV/THE ASSOCIATED PRESS



www.ADESAPublicAuctions.ca

204-631-3850

**IT'S FAST,
SIMPLE
AND EASY.**




"I would highly recommend your services to anyone. My truck sold in the weekly Thursday auction and I received a cheque the next day. Perfect Service! Thank you."

- Brian

"Thanks very much for handling the sale of my Odyssey van. It was my first experience dealing with ADESA Winnipeg and the information provided and the speed with which my sale was handled were both a pleasant surprise. Having the vehicle picked up was a big help and the fact that it was sold almost immediately for an amount in excess of our asking price was very satisfying."

- George

LET US SELL YOUR VEHICLE FOR YOU • GUARANTEED OFFER IN 7 DAYS OR LESS

NO STRANGERS CALLING OR VISITING YOUR HOME • PROFESSIONAL SERVICE - WE DO ALL THE WORK

GUARANTEED FUNDS, SAME DAY PAYMENT



Register your vehicle or refer a friend to sell at ADESA's weekly auctions and be entered for your chance to WIN AN APPLE IPAD!

SELLERS NAME: _____

REFERRED BY: _____

PHONE: _____

PHONE: _____

Bombers get Etch to sign on as big cheese of new D

CFL. Two-time Grey Cup champ with Riders heading to Winnipeg to become defensive coordinator

The Winnipeg Blue Bombers have finally settled on their defensive coaching staff for this season, led by CFL veteran Gary Etcheverry as defensive coordinator.

Nelson Martin is the club's defensive backs coach and Mike Scheper will be the defensive line coach. All three have recent experience with the Saskatchewan Roughriders, the team announced Thursday.

Etcheverry last coached in the CFL with Saskatchewan, leading their defence to back-



Gary Etcheverry as head coach of the Toronto Argonauts in June 2002.
TORSTAR NEWS SERVICE

to-back Grey Cup appearances in 2009 and 2010. He was head coach of the Toronto Argonauts

in 2002 and defensive coordinator of the 2004 Ottawa Renegades.

Most recently he was head coach of the University of Ottawa Gee-Gees. Etcheverry has previous coaching experience in the NFL, German Football League, CIS, Canada Junior Football League and NCAA.

Martin spent the 2012 season as Hamilton's defensive backs coach and before that held a similar post with Saskatchewan for two seasons. He made his CFL coaching debut with the Ottawa Renegades in 2003 as a special teams assistant.

Scheper coached the defensive line at Portland State University the past two seasons and served in that capacity with Saskatchewan in 2009 and 2010.

THE CANADIAN PRESS



Heat hang 103 on OKC

Dwyane Wade dunks during the Miami Heat's 103-81 win over the Thunder in Oklahoma City on Thursday night. LeBron James led the Heat offence before leaving the game after getting hit in the nose and Wade chipped in 24 in the win. SUE OGROCKI/THE ASSOCIATED PRESS

MLB

Jays GM sets limits on arms spending

Blue Jays general manager Alex Anthopoulos said if Toronto adds another arm to their starting rotation before the regular season it probably won't come through free agency.

Anthopoulos said while the team isn't opposed to making a move, he is convinced it can compete with the current options.

"We'd like to do it, but we're not going to do it at all costs," Anthopoulos said Thursday. "I think it's unlikely at this point. We're getting so late into spring training, (it's) unlikely unless a trade emerges. But again, as the off-season has progressed, we've felt better about the internal options."

It's a little different from where the Blue Jays were one year ago when they added 2012 National League Cy Young Award winner R.A. Dickey from the New York Mets, and Josh Johnson and Mark Buehrle from the Miami Marlins. THE ASSOCIATED PRESS



Vitality™ for Active Men/Women AND Omega Blue™

- ✓ IMPROVED SLEEP
- ✓ INCREASED ENERGY LEVELS
- ✓ STRESS RELIEF
- ✓ WELL BEING
- ✓ CARDIOVASCULAR HEALTH
- ✓ FAT METABOLISM



Available EXCLUSIVELY at:

Muscles by Meyers

483 William Ave www.musclesbymeysers.com 204-943-1466

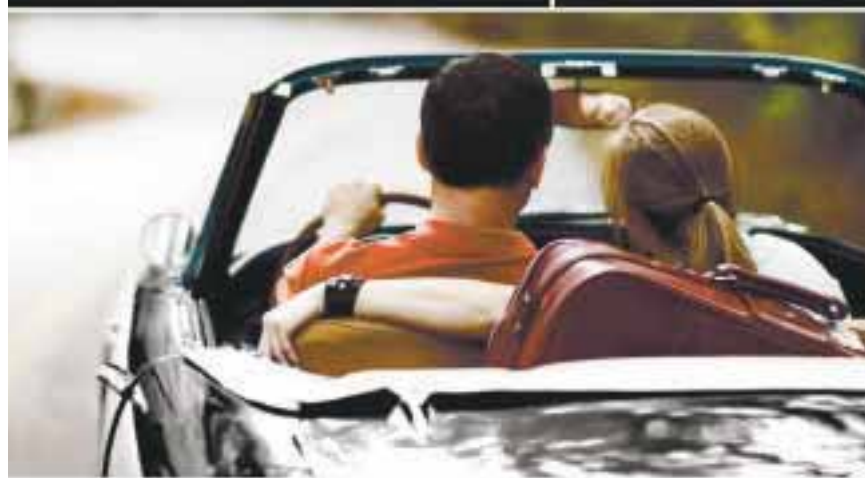
Shop online and have your purchase delivered FREE* anywhere within Winnipeg

At CARSTAR we know your time is valuable. That's why we make it our job to make your accident unhappen. We ensure that your repairs are done right, the first time, and on time. And, the service you receive will be second to none.

Twitter: @carstamanitoba | Facebook: CARSTAR Manitoba

CARSTAR proudly offers:

- Collision repair
- Auto glass repair & replacement
- MPI accredited
- AIR MILES reward miles*



CARSTAR on Chevrier 475-7193
CARSTAR on Fife 632-7712
CARSTAR on Henderson 338-1551
CARSTAR on Saskatchewan 837-2399
CARSTAR on Stonewall 467-4329
*AIR MILES® reward miles not applicable on MPI claims.

CARSTAR
Collision & Glass Service

Horoscopes

Aries

March 21 - April 20

Even if you are the kind of Aries who loves surprises what happens today won't necessarily meet with your approval, especially if the joke is on you.

Taurus

April 21 - May 21

Patience and a sense of humour are a must today. Something is about to happen that not only takes you by surprise but makes your plans redundant, much to your annoyance.

Gemini

May 22 - June 21

Disruptions are likely across the board today but chances are you won't be as inconvenienced as some people. The good news is that upheavals tend to create new opportunities, so keep your eyes open.

Cancer

June 22 - July 23

Whatever activities you had lined up for the next 24 hours you may have to think again because unforeseen events will change everything. You may also have to let go of an idea you were attached to.

Leo

July 24 - Aug. 23

You will discover something new about a friend or colleague today and although it may shock you a bit you will also be impressed, not least because they managed to keep it a secret so long.

Virgo

Aug. 24 - Sept. 23

Something dramatic will happen today and you won't be that impressed. However, if you keep your wits about you this is one surprise that can be turned in your favour.

Libra

Sept. 24 - Oct. 23

You may be bumpier than usual today but that's okay because you are not the sort to panic. You do like to spend money to make yourself feel better and that may be a mistake.

Scorpio

Oct. 24 - Nov. 22

You need to confront a fear that has been holding you back and you need to do it now. A little bit of courage will take you a long way.

Sagittarius

Nov. 23 - Dec. 21

Either you will change your mind and annoy other people, or they will change their minds and annoy you. Either way tempers are going to be a bit on the short side over the next 24 hours.

Capricorn

Dec. 22 - Jan. 20

Don't waste your time or your energy on someone who seems determined to get under your skin. Don't let this feud go on or could develop into something quite dangerous. Just walk away.

Aquarius

Jan. 21 - Feb. 19

Just because you see things in a clear and logical way does not mean other people see with the same kind of eyes or understanding. You will encounter someone today who is rather dull-witted.

Pisces

Feb. 20 - March 20

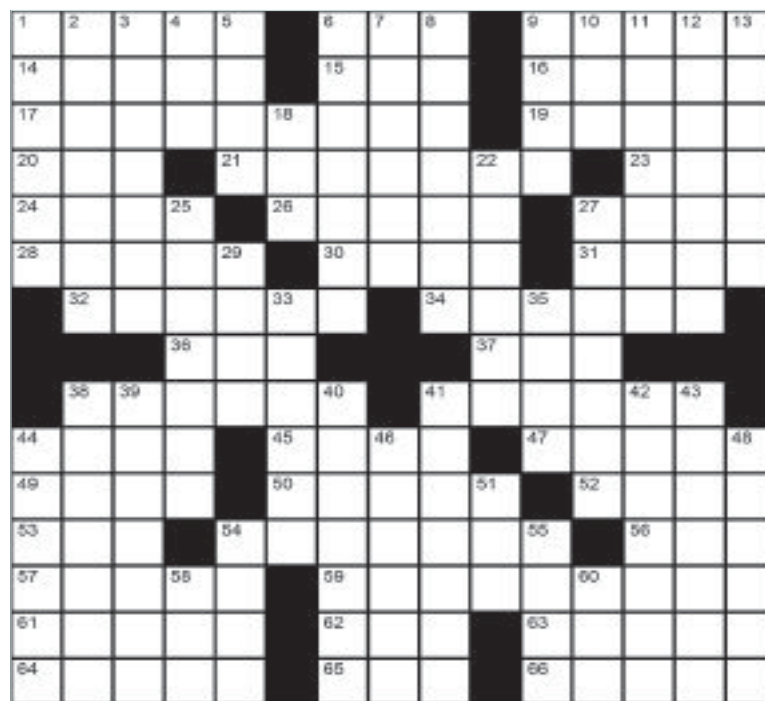
Most things are going your way right now but Saturn, planet of restriction, is still holding you back from following your dream. Take it as a sign that you're not ready to make that dream a reality.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Pandemonium
6. Toronto's Union, e.g.
9. SOCHI 2014 - Opening/Closing Ceremonies venue, ___ Olympic Stadium
14. Canadian author of the Jalna novel series, Mazo de la ___ (b.1879 - d.1961)
15. Record label
16. "...the bombs bursting ___": 2 wds.
17. Montreal borough
19. Joni Mitchell's "___ of You"
20. US tax ID
21. SOCHI 2014 - Speed Skating race, Team ___
23. Days opp.
24. "So ___"
26. Soothsayers
27. Rivers: Spanish
28. Lettered gyms
30. Prefix with 'logical'
31. Large lot
32. Pattern
34. Like partially melted snow
36. Writer Mr. Capote, to pals
37. US politics org.
38. Knowing
41. SOCHI 2014 - Podium hauls
44. Shock



45. Karmann ___ (Volkswagen of yore)
47. Margarines
49. Ms. Helgenberger
50. French artist Mr. Matisse
52. Led Zeppelin IV, aka what?
53. www address

54. French island where Napoleon was born
56. ___ favor (Please, in Spanish)
57. Ambition
59. SOCHI 2014 - Cross-Country race: 2 wds.
61. Soap star Ms. Francis

62. Offs opposites
63. Ms. Clark of country
64. Outer limits
65. Expanse
66. Change hair hue again

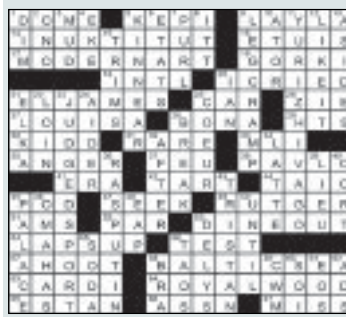
- Ice Hockey captain, Sidney ___
2. Hugh Laurie series, "___"
3. Behave politely: 2 wds.
4. "___, '___' is then?" ...asked the person who initially thought 'S' was the 18th letter

5. Permeate
6. Administered an oath: 2 wds.
7. Strained
8. Qualities
9. Italian car
10. "Monsters, ___" (2001)
11. District of ___ (Vancouver Island municipality)
12. Past
13. Braid: French
18. 12th Greek letters
22. Opera, Tristan und ___
25. Savouring
27. Hip-Hop group from Vancouver
29. King
33. Enthusiastic: 2 wds.
35. Reverse
38. Headlined
39. SOCHI 2014 - Winter Olympics sport
40. Lunchbox flask
41. Yahoo! CEO Ms. Mayer
42. SOCHI 2014 - One of the Mascots
43. "My apologies.": 2 wds.
44. Blur
46. So senseless
48. Military foray
51. 'Magnet' suffix
54. Third letters
55. Stars sci.
58. Try
60. Casual top

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

Yesterday's Crossword

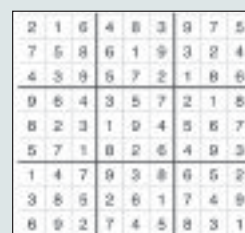


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: -14°
MIN: -20°

SATURDAY



MAX: -16°
MIN: -21°

SUNDAY



MAX: -17°
MIN: -18°



JENNA KHAN WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**



We'll get you there on time & in Style
London Limos Winnipeg
11595 Erin St.,
Winnipeg

(204) 488-9590 1-800-268-5816 londonlimos.ca
Stretch SUV's, Limos, Executive Car, Van Service and Limo Bus

FLIGHT CENTRE
The Airfare Experts

1 888 216 1025
flightcentre.ca

Las Vegas

Flights + 3 Nights

\$445
from

INCLUDES accom on the Strip
and roundtrip airport transfers.
UPGRADE to 4-star accom from \$485.

Conditions apply. Ex: Winnipeg. All advertised prices include taxes & fees. Package prices are per person, based on double occupancy for total length of stay unless otherwise stated. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change.

lavalife VOICE
Where Fun...Meets Adventure
204.987.2222
Toll Free 1.866.348.5282
LAVALIFEVOICE.COM



CARNAVAL

- BRAZILIAN BBQ -

THANK YOU WINNIPEG

FROM THE
MANAGEMENT AND
STAFF AT CARNAVAL
RESTAURANT AS WE
CELEBRATE OUR

FIRST ANNIVERSARY

WE WOULD LIKE TO
THANK OUR CUSTOMERS
FOR THEIR SUPPORT IN
MAKING THE "ALL YOU
CAN MEAT" BRAZILIAN
BBQ AN AWARD
WINNING EXPERIENCE
AND ONE OF WINNIPEG'S
FAVORITE RESTAURANTS!

204-505-0945 |  
270 WATERFRONT DRIVE
WINNIPEG, MB R3B 0L4
WWW.CARNAVALRESTAURANT.CA

